



# CITY OF LA PALMA

# NEWSRELEASE

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## **LA PALMA MEALS ON WHEELS AVAILABLE TO RESIDENTS**

*LA PALMA, Calif.* – The City of La Palma encourages residents who need assistance preparing meals or interim assistance when leaving the hospital to contact La Palma Meals on Wheels. This program delivers nutritionally balanced meals, prepared by La Palma Intercommunity Hospital which will meet all medical and dietary needs of the client, to La Palma residents who are physically unable to prepare their own. Hot meals, which cost \$2.40, and cold sack dinners, which cost \$1.20, are delivered Monday – Friday between Noon and 1 p.m. Meals are delivered by caring volunteers who offer a friendly greeting and a smiling face, while checking-in with the clients to ensure they are doing well.

La Palma Meals on Wheels caring volunteers have been delivering meals for over 15 years. In excess of 1,300 meals were delivered in 2008 to La Palma residents in need. For further information or to receive Meals on Wheels, please call the La Palma Recreation & Community Services Department at (714) 690-3350. La Palma Meals on Wheels is here to help!

### ***About the City of La Palma***

The City of La Palma is a 1.9 square mile general law city in northwest Orange County, consisting of 16,081 residents and 482 commercial and industrial businesses. The City was incorporated in 1955 under the name of Dairyland and has 65 full-time and 53 part-time employees.

### ***Contact Information***

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