

La Palma



MOSAIC

Fall 2016



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City Information

City Hall Hours:

7:30 a.m. – 6:00 p.m. Monday – Thursday

City Council, and Successor Agency to the Community Development Commission are held on the first and third Tuesday of each month. Meetings start at 7:00 p.m. and are open to the public. Agendas are available by calling the City Clerk's office at (714) 690-3334, or on the City's website at www.cityoflapalma.org under Agendas and Minutes.

Any person wishing to address the City Council on any matter, whether or not it appears on the agenda, may do so under the Public Communications portion of the agenda. Each individual is allowed five minutes to address the Council. No action will be taken on any items not on the agenda.

Development Committee Meetings are held at 7:00 p.m. on the second Monday of January, March, May, July, September, and November.

Traffic and Safety Committee Meetings are held quarterly at 6:00 p.m. on the fourth Monday of January, April, July, and October.

Community Activities & Beautification Committee Meetings are held at 6:30 p.m. on the second Tuesday of every month, September – June.

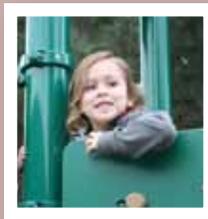
All meetings are held in the City Council Chambers at City Hall, located at 7822 Walker Street.

La Palma City Council

Gerard Goedhart, Mayor
 Michele Steggell, Mayor Pro Tem
 Peter Kim, Councilmember
 Steve Hwangbo, Councilmember
 Steve Shanahan, Councilmember

Calendar of Events

September



- 5 Labor Day—City Offices Closed
- 6 City Council Meeting—7:00 p.m.
- 17 Teen Dance—6:00 p.m.
- 11 Patriots Day
- 12 Town Hall Meeting—7:00 p.m.
- 16 Older Adult Karaoke—6:00 p.m.
- 20 City Council Meeting—7:00 p.m.
- 22 Autumn Begins

October



- 4 City Council Meeting—7:00 p.m.
- 10 Columbus Day—City Offices Open
- 15 Teen Dance—6:00 p.m.
- 18 City Council Meeting—7:00 p.m.
- 21 Older Adult Karaoke—6:00 p.m.
- 31 Halloween Carnival—6:00–8:30 p.m.

November



- 1 City Council Meeting—7:00 p.m.
- 4 Teen Dodgeball Night—6:00 p.m.
- 5 Teen Movie & Coffee Night—6:30 p.m.
- 6 Daylight Saving Time Ends
- 7 Ambassadorship Program Interviews/Speeches
- 8 Election Day
- 11 Veterans Day—City Offices Closed
- 15 City Council Meeting—7:00 p.m.
- 18 Older Adult Karaoke—6:00 p.m.
- 24–25 Thanksgiving—City Offices Closed

December



- 6 City Council Meeting—7:00 p.m.
- 7 Holiday Tree Lighting Ceremony—4:00 p.m.
- 20 City Council Meeting—7:00 p.m.
- 23 Older Adult Karaoke—6:00 p.m.
- 21 Winter Begins
- 25 Christmas Holiday
- 26–Jan 2 Winter Holiday Closure—City Offices Closed



The La Palma Mosaic is your magazine; we welcome your suggestions and feedback. If you would like to see something specific or want to include an upcoming community, school, or business event in the magazine, please contact the La Palma Mosaic Editor at recreation@cityoflapalma.org.



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A Message From The City

November 8 Election. The City of La Palma will hold an election on November 8, 2016, to fill three City Council seats. The election will be consolidated with the Federal, State, and County-wide election of that same date. Two Council Members are eligible for second terms and the third is termed out. As explained below, the City Council will also be placing an Initiative on the ballot for voter approval.

Fiscal Sustainability. We have been talking to residents about the City's fiscal condition for some time. The City of La Palma is at a financial crossroads and continues to face a very challenging financial environment. Over the past few years, the City has seen a 24% reduction in revenues and the City Council has responded by reforming employee pensions, reducing the full-time workforce by 20%, postponing maintenance projects, and cutting back on City services, including a reduction in police officers. These cuts, which add up to \$1.77 million in ongoing costs are not nearly enough for the City to achieve and sustain long term fiscal health. In fact the Fiscal Year 2016-17 Budget, adopted in May continues to draw on reserves. The long term forecast shows that the City will have a \$1 million deficit by FY 2021-22 and a \$1.5 million deficit by FY 2025-26 if nothing is done. As already stated, the City has been addressing these forecasts with cuts throughout the organization; however without a change in revenues, it appears that future budgets could not be balanced without drastic reductions to services and, if nothing is done, the City will spend through its reserves in the next ten years. Because of these financial constraints, the City Council will be bringing an Initiative to City residents on November 8, asking them to establish a one percent (1%) sales tax, to remain in effect until ended or modified by the voters, and raising an estimated \$1,500,000 annually for any and all governmental purposes of the City, which may include, but is not limited to, any general fund services such as police patrols and crime prevention; 9-1-1 response, and street maintenance/pothole repair. As an example, a consumer spending \$100 would spend an additional \$1 in sales tax, \$1,000 an additional \$10 in sales tax, \$10,000 an additional \$100 in sales tax, and \$20,000 an additional \$200 in sales tax.

More information about the City's budget and fiscal sustainability can be found on pages 8 and 9.

Exercise your civic rights and remember to vote on November 8.



Town Hall Meeting. The City will hold a Town Hall meeting on September 12 at 7:00 p.m. to provide information to the public regarding the City's financial condition and the steps the City Council has taken over the past several years to address its fiscal crisis. This meeting will be held at the Community Center at 7821 Walker Street. The community is encouraged to attend and provide input.

City Highlights

March 1, 2016 through June 7, 2016

Double-sided Digital Display Billboard at 5545 Orangethorpe Avenue

On March 1, 2016, the City Council adopted an Ordinance that approves a Development Agreement between the City and Foster Interstate Media Inc. for the construction, operation, and maintenance of a double sided digital display billboard at 5545 Orangethorpe Avenue. The Development Agreement establishes the amount and timing of revenues that would flow to the City from the billboard operations with payments to the City of La Palma starting one year from receipt of all government approvals. With a second billboard in the works, annual revenue is anticipated to be \$204,000 for both sites.

Public Engagement/Communications for Fiscal Sustainability

In response to discussion at the City Council's January 29 Strategic Planning and Goal Setting session regarding the Citizen Financial Sustainability Committee's report and public input at the February 2 and 9 meetings, the City Council directed the City Manager to hire a public communications consultant to assist the City in its communications and outreach efforts regarding the City's fiscal situation. At the March 15, 2016, Regular Meeting, the City Council approved an agreement with The Lew Edwards Group to conduct a community survey and Public Information Program that will give the City a clear sense of where constituents need more information about the City's services and budget; service priorities of the public; interest in local funding options, and components of easy-to-understand revenue enhancement information for the average constituent.

Fiscal Year 2016-17 Budget Planning and Approval

The City Council approved mid-year budget adjustments at the March 15, 2016, Regular Meeting and conducted the first Study Session for the Fiscal Year (FY) 2016-17 Budget Planning and long term fiscal status update. Significant issues that contribute to the City's projected deficit were discussed, including decreased Sales and Property Tax revenue, pension costs, and rising insurance costs. Several actions already taken by the City Council to counter these impacts included labor agreements in 2011 and 2015 that increased employee retirement contributions, added lower retirement tiers, reduced work weeks equating a 5% reduction in pay, reduced staffing to below 1985 levels, restructuring of the organization, and several other expenditure reductions. The City Council conducted a Budget Workshop on March 22, presented the Proposed FY 2016-17 Budget at the April 5 and April 19 Regular Meetings of the City Council, and adopted the Final FY 2016-17 Budget on May 3, 2016, by approving

the use of Reserve Funds to cover the \$771,800 deficit. The City has done much over the past few budget cycles to address its financial situation, reduce expenditures and to some extent increase revenues where it could; however, the projected ten year gap shows an increased deficit of \$1.5 million by FY 2025-26. In the short term, there is little the City can do to address these issues without significantly affecting service levels.

School District of Choice

The City Council has been working tirelessly on legislation that would allow high school students north of Houston Avenue to attend La Palma Schools. The City Council and City staff continued to investigate ways for students living in La Palma to attend La Palma schools, and in early February learned about existing legislation that allows a student to transfer to any district that has deemed itself a “District of Choice” and agreed to accept a specified number of transfers. As presented to City staff, the intent of the legislation was that students requesting a transfer to a “District of Choice” would not need the consent of their district of residence for the transfer. Should AUHSD take the steps to formally become a “District of Choice,” it would allow any student living north of Houston to apply to attend school in La Palma (specifically, at Walker Jr. High and Kennedy High School) without the consent of their current school district. Acceptance of these students would be dependent upon the capacity of the receiving schools. On April 5, 2016, the City Council adopted Resolution No. 2016- asking the Anaheim Union High School District to adopt a resolution to become a District of Choice. The City Council has worked on this issue for years and a viable solution is finally in sight to make the ability of La Palma students to attend junior and senior high school within City boundaries a reality.

Façade renovation at 5418 La Palma Avenue

On April 5, 2016, The Planning Commission approved Precise Plan Amendment 056 for a façade renovation at 5418 La Palma Avenue, a 2,400 square foot vacant commercial suite located in the Walmart Shopping Center. The Planning Commission approved a Conditional Use Permit in March for the relocation of the liquor store within the shopping center, leaving the subject commercial property vacant. A new tenant has not been identified yet for this space. The Neighborhood Commercial (NC) zoned suite could anticipate occupants with retail opportunities such as food markets, drug stores, clothing stores, sporting goods, cleaners, banks, offices, private schools and child care centers, hardware stores, other retail and personal service uses. The upgraded façade improvements are being made to attract a quality tenant and revitalization of the vacant building has the potential to attract a retail tenant that could bring in additional economic activity and employment to La Palma.

Gateway Retail Center Clock tower at 5100 Orangethorpe Avenue

The Planning Commission also approved an amendment to Precise Plan 279 on April 5, 2016, that incorporates a 55 foot clock tower telecommunications facility into the proposed Gateway Retail Center at 5100 Orangethorpe Avenue. The property owners, CHB Partnership were approached by Verizon Wireless to host a cellular facility on their property. To accommodate the telecommunications facility and meet the intents of the Planned Neighborhood Development (PND) Design Guidelines the applicant was approved to incorporate a rooftop clock tower element. The demand to improve wireless services throughout the City’s neighborhoods and business centers is essential in maintaining the community’s sustainability and this telecommunication facility will adequately service the area and successfully demonstrate incorporation of aesthetic concerns by integrating the proposed wireless facility into an iconic clock tower architectural element on top of the Gateway Retail Center.

Elimination of the Planning Commission

In an effort to achieve operational efficiencies, reduction of ongoing expenses to address the community’s fiscal sustainability, and streamlining the development review process, the City Council agreed to move forward with the elimination of the Planning Commission. The Planning Commission’s primary responsibility is making land use and planning decisions and since the La Palma City Council has sat as the Planning Commission body, it caused separate agendas, minutes, resolutions, and additional hearings. On April 5, 2016, the Planning Commission recommended to the City Council that they approve an ordinance eliminating the Planning Commission. At the April 19 Regular Meeting, the City Council approved the introduction of the Ordinance and approved adoption of the Ordinance eliminating the Planning Commission at the May 3 City Council meeting. The Ordinance went into effect 30 days after adoption and on June 2, 2016, the Planning Commission was dissolved. By making the City Council the Planning Agency and eliminating the Planning Commission body, the City streamlines work processes and saves operating expenses.

Professional Auditing Services

An independent examination of the City of La Palma’s financial records and a report on this examination directly to the City Council is a key component of the City’s accounting control structure. This audit is an independent review of the City’s accounting records and financial statements, and is performed annually. The City initiated its contract with Vavrinek, Trine, Day

& Company (VTD) through the Fiscal Year ended 2014-15 and requested that VTD change the partner in charge of the City's audit in order to ensure a fresh look at the financial statements and internal controls and procedures. The City Council approved an amendment to their agreement at the April 19, 2016, meeting to continue their services for one additional fiscal year. At the end of that time, staff will conduct an open request for proposals process. VTD has been providing auditing services to special districts, city and county governments, and local education agencies since 1948. They currently provide services to more than 350 governmental agencies and special districts.

Walker/Marquart Street Bridge Repair

On May 3, 2016, the City Council approved funding in the amount of \$45,000 to repair the damage to the east-side guard rail. On December 19, 2015, a single vehicular accident caused damage to the Walker/Marquart Street Bridge. La Palma staff arranged for temporary guard rails, until the repairs are completed. The responsibility for this bridge is shared with the City of Cerritos, however La Palma owns the majority. As this is a shared bridge within Los Angeles County, their Public Works Department has agreed to conduct the necessary repairs with the City of Cerritos serving as the liaison. The initial estimate for the repairs was \$100,000. The actual estimate has been revised to \$46,875, of which La Palma's share is \$36,875. Upon completion of the repairs, all repair, rental, and staff costs will be compiled to begin the insurance claim process.

Final Parcel Map and Subdivision Improvement Agreement, for a 3-lot Subdivision Located at 8231 Moody Street

A Tentative Parcel Map (TPM) No. 2015-156 to subdivide a 19,000 square feet site located at 8231 Moody Street to build three homes was approved on November 17, 2015, by the Planning Commission, which proposed the completion of the Sparrow Lane cul-de-sac and the creation of three new single-family residential lots, including required roadway, drainage, and utility improvements. On May 17, 2016, The City Council approved the Final Parcel Map 2015-156 and the Subdivision Improvement Agreement with La Palma 2015, LLC. The City Council authorized the Mayor to execute the subdivision improvement agreement. The Subdivision Improvement Agreement requires the Developer to post bonds, furnish complete improvement plans, secure permits, pay fees, and provide evidence of insurance certification. The agreement also requires the Developer to place survey monuments and provide evidence thereof to the City Engineer before final approval and acceptance of street improvements.

Parking Restrictions on Fresca Drive

The City Council approved a Resolution on May 17, 2016, authorizing a "No Parking 2:00 a.m. to 6:30 a.m. Zone" and establishing a "No Truck Parking Zone" on the south side of Fresca Drive from Valley View Street Westerly to the Union Pacific Rail Road Right-of-Way. The property owner has completed sidewalk improvements along the south side of Fresca Drive and staff has evaluated parking restriction options in coordination with the City's street sweeping schedule. Staff has determined the most cost effective street sweeping schedule would be achieved with these parking restrictions and necessary to meet both the parking needs of area businesses and street sweeping requirements of the City. Staff also reviewed the potential for truck parking in this area and has observed multiple trucks parking along Fresca Drive, which is inconsistent with providing more on-street parking for the local businesses.

Police Department Reorganization

On May 17, 2016, the City Council approved the reorganization of the Police Department by replacing one Police Captain with a Civilian Support Services Manager and reclassifying one Detective position to a Detective Sergeant. The California Commission on Peace Officer Standards and Training conducted a Management Study of the Police Department and recommended that staff create a Sergeant position in the Investigations Unit to provide more direct and ongoing supervision and enhance case management. In addition, the study recommended that the Detective Bureau relocate from the Services Division to the Operations Division. Staff feels it is operationally desirable and cost effective to make this change to the staffing model within the Police Department. The Support Services Manager will have responsibility for a variety of administrative activities in the Police Department, including the preparation and monitoring of the department budget, supervision of the records and communication functions, the Police Service Aide and the Civilian Parking Control Aide, overseeing the City's Emergency Preparedness Program, administering department related grants, coordination of recruitment of police personnel, management of department information technology and computer systems, capital improvement, and risk management. The City has met and conferred with the La Palma Police Association and all parties are in agreement with this recommendation. This reorganization should realize a cost savings of approximately \$64,000 for the first year and approximately \$13,000 annually once both positions are at top step.

Planned Unit Development (PUD) for Homes on Seven Lot Subdivision for Tentative Tract Map 17828, the Ozawa Family Properties

The City Council approved Precise Plan 282, Planned Unit Development (PUD) for Homes on Seven Lot Subdivision Created by Tentative Tract Map 17828 located at 7601-7621 Walker Street known as the Ozawa Family Properties. Tentative Tract Map 17828 was approved on July 21, 2015, with the cul-de-sac having direct access from Walkers Street and required street and utility improvements to service seven new homes. Precise Plan 282 includes architectural and landscape plans prepared by Hannouche Architects and FORMA depicting the proposed residences to be constructed on the seven lots. The subject property is designated Single-Family by the General Plan and Zoned R-1 Single-Family Residential by the zoning map. The Planned Unit Development criterion was selected to enable configuration of a full cul-de-sac terminus with on street parking and placement of seven developable lots. These homes have site plans that include a Spanish Colonial, Tuscan, or Italianate design style with fencing, landscaping, and utility provisions for this housing subdivision. This subdivision would result in seven new and large single-family homes that the City will receive property tax increment from, is compatible with existing and surrounding land uses, and is consistent with the property's General Plan designation of Single-Family Residential.



Miscellaneous:

During this time period, the City Council also approved the General Plan Progress Report for Calendar Year 2015; approved the 2015 Emergency Management Performance Grant; approved the Executive Management resolution saving the City approximately \$60,000 across all funds for Fiscal Year 2016-17; approved the La Palma Professional Employees Association amended resolution totaling a two year savings of approximately \$39,300 across all funds for Fiscal Years 2016-16 and 2016-17, respectively; received the Comprehensive Annual Financial Report (CAFR) for the Fiscal Year Ending June 30, 2015; approved the agreement with Rutan and Tucker, LLP for the City's Legal Services; approved personnel revisions to the General Government and Administrative Services Departments for operating efficiencies within the organization; approved Street Closures for two (2) 2016 City special events: Memorial Day, Monday, May 30 and Fitness Run for Fun, Monday, July 4, 2016; extended an agreement for Laboratory Analysis Services for the City's drinking water; approved the continuation of importing waste to the County Landfills; approved a Cost of Living Adjustment (COLA) to the City's Fee Schedules for Fiscal Year 2016-17; approved a License Agreement with Southern California Edison Company for Right-of-Way use for park and public recreation purposes; approved a three-year Agreement with the City of Brea for Information Technology Services; approved several Capitol Improvement Project contractors for general sewer repair and maintenance, ADA Ramp construction, and street rehabilitation projects within the City; reorganized the Water/Maintenance Supervisor position for operational efficiencies; received a dedicated piece of property along Orangethorpe in front of the remodeled McDonald's site for a future bus stop location; and approved necessary action to consolidate the City's election with the State.

The City Council, which also sits as the governing board of the Successor Agency to the Community Development Commission, meets on the 1st and 3rd Tuesdays of each month at 7:00 p.m. in the Council Chambers at City Hall. The public is always encouraged to attend and meetings are also audio-cast live on the City's website at www.cityoflapalma.org/media. Please note, this article contains highlights of the meetings only and additional items were likely discussed and approved by the City Council. For a complete copy of the approved minutes, please visit the City's website at www.cityoflapalma.org/minutes.

Community | Events

La Palma Ambassador Program

This Ambassador Program is available to those who live, go to school, or work in La Palma and are high school seniors and/or between the ages of 17 and 21. Applications will be due at the Orientation Meeting for all candidates on Tuesday, September 13. Candidates will attend weekly meetings starting Tuesday, September 20 through November 1 from 6:00 p.m. until 7:30 p.m. and attend the City's Halloween Carnival on Monday, October 31. Candidates will develop leadership skills, gain professional development, earn community service hours, prepare a personal portfolio, and meet community and business leaders. The Ambassador Program will culminate with each candidate delivering a speech and participating in a formal interview on Monday, November 7.

The 2016-17 La Palma Ambassador will be announced at the November 15 City Council Meeting. As the newly selected Ambassador, he or she will attend Business Grand Openings, City functions, and Community Events representing the City of La Palma throughout the coming year.

In addition, if you are interested in serving on the committee that plans and implements this program, please contact the Community Services Department at (714) 690-3350.

Halloween Carnival 2016

Monday, October 31, 2016
6:00-8:30 p.m., Central Park
FREE

"You won't want to be late, for this very important date!" Join La Palma's safe, family-oriented alternative to the traditional trick-or-treating! Kids and families can choose from a variety of activities such as the costume contest for infants to 6th graders with special prizes in each age division. This year's Halloween Carnival will feature carnival games, a Tea Party for children under the age of 5, and those who dare to find their way through the Queen of Hearts Haunted Maze.

Community groups, organizations and individuals are invited to operate a carnival booth as a community service project. Your help is greatly appreciated! For more information, please call the La Palma Recreation and Community Services Department at (714) 690-3350 or go to www.cityoflapalma.org/halloween.

IN THE EVENT OF RAIN, THE CARNIVAL WILL BE CANCELLED

30th Annual Holiday Tree Lighting Ceremony

Wednesday, December 7
4:00 p.m. – 7:30 p.m.
Central Park Amphitheater

Join your friends and family to this annual holiday favorite! Every year this event brings the La Palma Community together to ring in the holiday season! Enjoy the musical talents from our local schools and join in during the Community Sing Along.

You can also join Santa and his elves in the activities area before the program. The area will feature crafts, an opportunity to write letters to Santa, and of course, the young and young-at-heart won't want to miss an early visit from Santa Claus! For more information please visit www.cityoflapalma.org/treelighting.

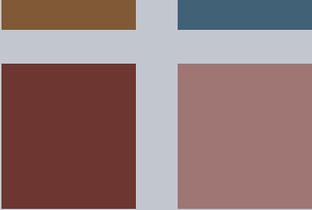


Town Hall Meeting

Monday, September 12 at 7:00 p.m.
Community Center (7821 Walker Street)

The City will hold a Town Hall meeting to provide information to the public regarding the City's financial condition and the steps the City Council has taken over the past several years to address its fiscal crisis.

The community is encouraged to attend and provide input.



Community | Get Involved

A Call for All this Fall

Tis the Holiday Season when family and friends get together to celebrate and rejoice. As homeowners and neighbors invite their guests we all want our neighborhoods to look their best! In doing so, you also help protect property values throughout the City. In order to maintain the quality neighborhoods that our residents have come to expect and enjoy, the City's Code Enforcement Officer is continuously working with residents to ensure properties are maintained to La Palma's high standard and in compliance with the community's adopted codes.

The City would like to remind our residents of a few key regulations that involve keeping La Palma's neighborhoods safe and appealing. They are:

- **Basketball Hoops**— Section 44-270 and 36-7, requires that the sidewalk area be used as a pedestrian walk-way. You may not store, place, or display any items that will obstruct the sidewalk.
- **Trashcans**— Section 18-3 and 26-21, prohibits the storage of trash, garbage, refuse, trashcans, etc. from being stored within public view. Refuse containers are to be removed within 24 hours of pickup.
- **Vehicle Driveway Storage**— Section 44-108, requires that all vehicles parked or stored in driveways, be road operational including being currently registered, kept clean, and free of debris.
- **Yard/Lawn Landscaping Maintenance**— Section 44-335, requires that all yards visible from public streets and sidewalks be properly landscaped and maintained in a neat and orderly condition.
- **Holiday Lighting**— Section 590.3(b) of the California Electrical Code requires that all temporary lighting, including temporary decorative holiday lighting, be removed within 90 days from event or holiday being celebrated.

Compliance with these provisions will help to keep the appearance of the City's neighborhoods aesthetically pleasing, safe, and attractive. Neighborhoods with exceptional curb appeal maintain strong property values and protect your equity.

If you have any questions or would like to report a code violation, please contact the City's Code Enforcement Officer at (714) 690-3342. For RV exemptions or to report parking violations such as boat or trailer storage, please contact the City of La Palma Police Department at (714) 690-3370.

Student Safety Tips

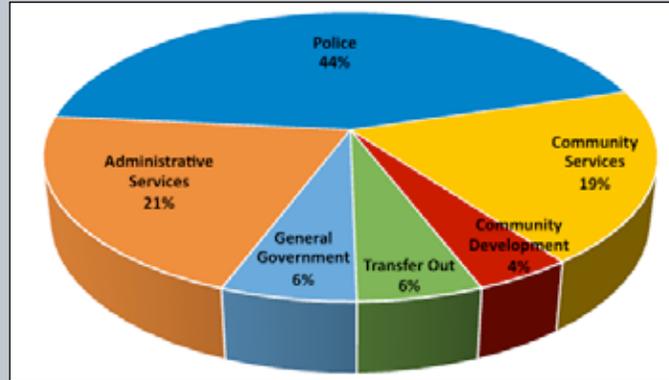
As La Palma student's head back, remember these safety tips!

- Know and follow the school's safety policies
- If you walk to school, walk with a friend or family member
- If you drive to school, always secure your vehicle
- Carry your keys in your hand when walking to your car
- Never carry large sums of money with you
- Always tell your parents where you plan to be before and after school
- Make sure that your emergency contact card at school is updated
- Report all suspicious activity, whether on or off campus
- Immediately report any information about a student with weapons
- Always be aware of your surroundings
- Be familiar with the general layout of the buildings and walkways (walk around campus during the day to familiarize yourself)
- Walk in groups and stay in well-lit areas
- Carry a whistle with you (if you find yourself in danger, you can use it to draw attention and it cannot be used to harm you)
- Avoid high risk situations and seek help from an adult if you find yourself in a situation that makes you uncomfortable
- Refuse to participate in negative or criminal behavior
- Follow instructions of school employees, law enforcement officials, or other emergency response personnel
- Refrain from teasing, bullying, and harassing other students and be tolerant of their differences

Community | Get Involved

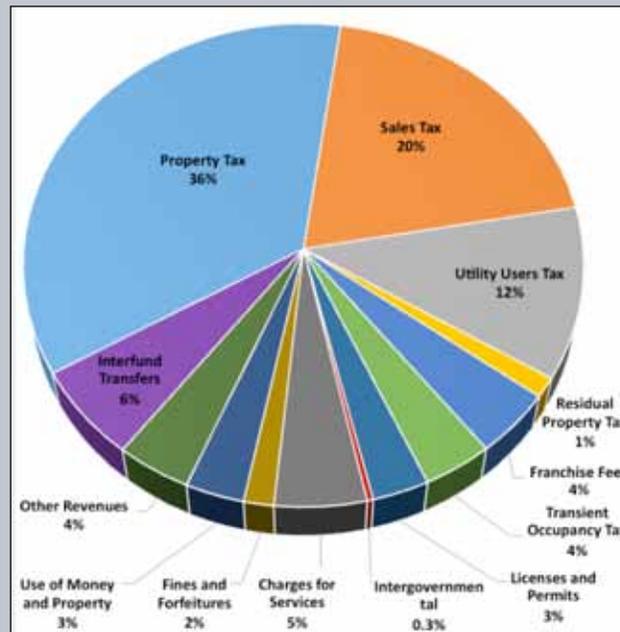
FY2016-17 City Budget Requires Use of Reserves

On May 3, 2016, the La Palma City Council adopted a \$10.5 Million General Fund budget, which was balanced by utilizing \$771,800 in reserves. Over the past several years, the City has experienced a 24% decrease in revenues which equates to a loss of \$2.9 million dollars. This loss of revenue was due to a number of reasons—all out of the City's control—including a drop in sales tax revenue due to the loss of a major business, another business changing its business model, declining oil prices, a drop in property tax due to the move of a major property owner to non-profit status, and the loss of redevelopment, which requires the City to allocate more of its general fund dollars towards street maintenance and other major capital projects. In addition to revenue challenges, the City faces two significant long term expenditure threats; increasing retirement costs largely associated with prior unfunded liabilities and increasing insurance costs due to escalating cost trends into the foreseeable future.



Adopted FY 2016-17 Budget in Brief

FY2016-17 General Fund Expenditures \$10,557,400	
General Government	\$634,200
Administrative Services	\$2,197,400
Police	\$4,628,900
Community Services	\$2,051,900
Community Development	\$457,400
Transfer Out	\$587,600
Total	\$10,557,400



General Fund Revenues

FY2016-17 General Fund Revenue \$9,785,600	
Property Tax	\$3,484,000
Sales Tax	\$1,949,500
Utility Users Tax	\$1,125,000
Interfund Transfers	\$604,400
Charges for Services	\$488,900
Franchise Fees	\$426,400
Other Revenues	\$398,500
Transient Occupancy Tax	\$370,000
Use of Money and Property	\$313,600
Licenses and Permits	\$302,700
Fines and Forfeitures	\$160,200
Residual Property Tax	\$131,000
Intergovernmental	\$31,400
Total Projected Revenues	\$9,785,600

PROPERTY TAX DISTRIBUTION

MOST PEOPLE WILL BE SURPRISED TO KNOW THAT FOR EVERY DOLLAR ORANGE COUNTY RECEIVES FROM LA PALMA RESIDENTS,

ONLY 11.6 CENTS COMES BACK TO THE CITY.



In response to decreasing revenues, the City has done much over the past several budget cycles to address its financial situation. Through the revision of the General Plan, revenue opportunities were created, including digital billboards along the freeway corridor which will generate \$204,000 in annual revenues once completed. In addition to creating new revenue opportunities, the City has made several reductions, including:

- 20% reduction in full time staff from 65 to 52 employees—the smallest workforce since 1985
- Restructuring throughout the organization, including reducing upper management while maintaining as many line positions as possible
- Significant changes in both the 2011 and 2015 labor agreements, which reduced costs and unfunded pension liabilities, including increased employee contributions towards retirement, lower retirement tiers, and most recently a 5% reduction in take home pay for all employees.
- Cuts to programs and expenditures

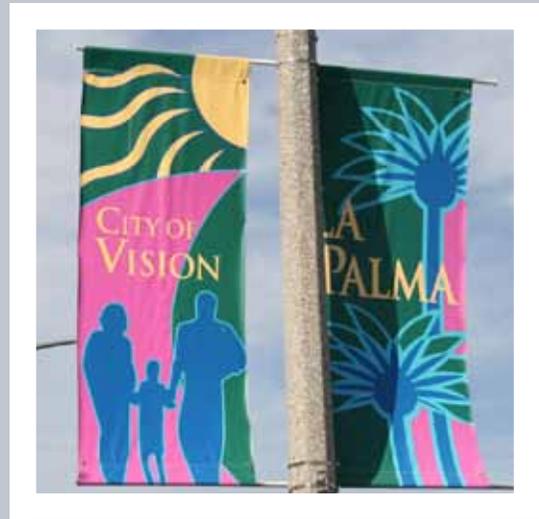
These reductions total \$1.77 Million in cuts. As you can see the City's financial situation is not in response to inaction, but in spite of significant actions already taken.

In response to these challenges, the City Council created a Citizen Committee on La Palma's Sustainability and Future ("Committee") and appointed eleven members on July 21, 2015. The Committee was charged with the responsibility of reviewing the City's operations and finances and recommending to the City Council, a plan to achieve long-term financial sustainability.

The Committee met a total of six times between August 11, 2015, and January 12, 2016, with each meeting lasting between two and three hours. They received reports on the City's financial situation, including the revenues the City receives and the various cuts and adjustments the City Council has made over the recent past; departmental presentations on department budgets, staffing, responsibilities, and previous steps taken to reduce costs; information on citywide costs and infrastructure projects; and a presentation on what revenue options are available to the City.

On February 2, 2016, the Committee presented a report to the City Council, which included the following recommendations:

- Recreation Programs – continued consolidation of programs with neighboring cities; explore outside opportunities from the private and public sectors; not eliminating the Department
- Police Department – explore the option of shared or combined police services or restructuring of the Department as a preference to contracting out the services



- Revenue Measures – increase Transient Occupancy Tax; maximize the Utility Users Tax by expanding the definition of utilities; and institute a City Sales Tax

The Committee also suggested that the City Council use outside assistance on any potential revenue ballot initiatives and expend necessary funds to insure a successful outcome.

The City has done much to reduce costs over the past few years and continues to look for new opportunities, including shared or contract services throughout the organization. However, without additional revenues the City will have exhausted its General Fund Reserves within the next ten years. This is why on July 5, 2016, the City Council voted to place a measure on the November 8 ballot asking voters to approve the establishment of a one percent (1%) transaction and use tax, which would raise an estimated \$1,500,000 annually for any and all governmental purposes of the City, which may include, but is not limited to, any general fund services such as police patrols and crime prevention; 9-1-1 response, and street maintenance/pothole repair.

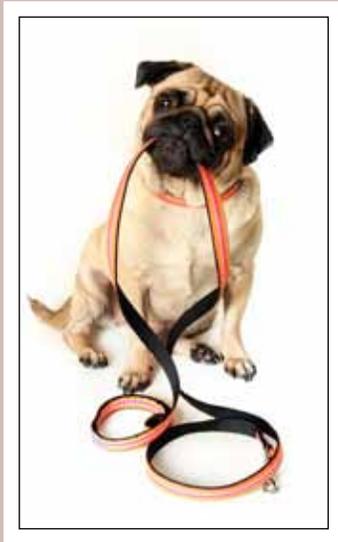
The adopted budget, Resolution, proposed Ordinance, and a variety of other financial documents are available for review on the City's website under Fiscal Sustainability, www.cityoflapalma.org/finance, or at La Palma City Hall.



SALES TAX DISTRIBUTION

THE TOTAL SALES TAX RATE IN THE CITY OF LA PALMA IS 8%. FOR EVERY DOLLAR YOU SPEND ON RETAIL PURCHASES, YOU PAY 8 CENTS IN SALES TAX.

ONLY 1 CENT OF THIS COMES BACK TO THE CITY.



Pick Up After Your Pooch

At all times during the day and evening, pets take their favorite humans on a walk. This is a good time for exercise and bonding with each other and their neighborhood friends—of the two and four legged variety. It's also a time to take care of much needed business. Sometimes that business leaves a mess, which their beloved humans need to pick-up and dispose in the nearest trash receptacle. This is a friendly reminder to not forget the waste bags when grabbing the leash. If enjoying the walking path along the Southern California Edison Right-of-Way, the City provides courtesy waste bags. There are 10 stations along the walkway and they are filled every Monday. However, pet owners should always have their own waste bags with them in case the courtesy bags have all been utilized. Thank you for keeping La Palma clean and beautiful for everyone!

Did You Know?

- Dog waste is an environmental pollutant, not fertilizer
- Dog waste produces disease-causing bacteria and parasites that can be transmitted directly to humans, especially children, and make them sick
- Dog waste is also a primary food source for rodents
- Every time it rains thousands of pounds of pet waste wash down storm drains and into streams, rivers and lakes

Home Spotlight

The City of La Palma would like to congratulate residents Mike and Jean Brunelli of 5782 Shasta Circle for winning the 2016 Fall Home Spotlight Award!

Mike and Jean have been residents of La Palma for the past 46 years. Their children attended Miller Elementary, Walker Junior High and Kennedy High School and still reside in Orange County.

The Brunellis have always taken pride in their home. Recently, they added artificial turf to the front yard and updated the landscape. The beautiful roses in the garden have been there for years. A few years ago they added a front patio which is used to visit with neighbors and is decorated for the holidays. To assist with energy efficiency they have installed a tankless water heater, double pane windows and a skylight.

Proud, diligent homeowners are the heart of strong, safe neighborhoods and a vibrant city. By keeping La Palma beautiful, residents like these are one of the many reasons why La Palma has been named one of the best places to live in the United States! We thank Mr. & Mrs. Brunelli for contributing!

If you'd like to nominate a home for the Home Spotlight Award, please contact (714) 690-3350 or visit CityofLaPalma.org/HomeSpotlight



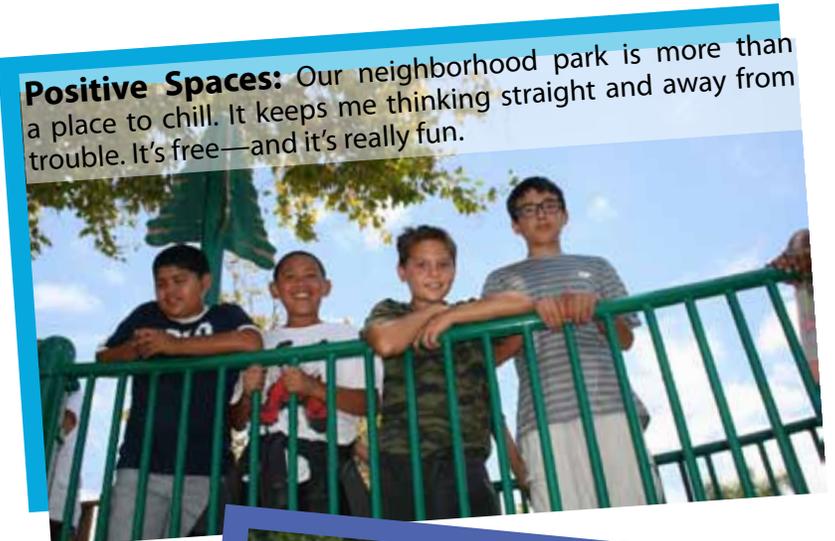
Parks Make Life Better!

La Palma Community
Services Department

How do parks make life better ???



Play: The biggest benefit is a safe, outdoor play space for our kids today—and as they grow.



Positive Spaces: Our neighborhood park is more than a place to chill. It keeps me thinking straight and away from trouble. It's free—and it's really fun.



Exercise: Parks are made for moving at your own pace. Our family walks, plays and cycles. Recreation programs make it easy to stay healthy.



Gathering Places: Parks are like holidays, bringing us together to share good times. They are the common ground that connects us all

Forever: Parks enrich our lives. They add value to our homes and neighborhoods. Individually, and as a community, we always have that need.

Activity Guide

Preschool / Toddlers

Educational

Tiny Tots

Age: 3 – 5

Our preschool teacher, Ms. Tamara, teaches our enrichment program for POTTY-TRAINED (No diapers or pull-ups), 3 to 5 year-olds. The Tiny Tots program is dedicated to improving the well-being of all young children, with a focus on socialization, education, and developmental skills. These skills are taught through games, stories, crafts, physical fitness activities, and playtime. Each 7-week session will also include a parent-participation excursion to a local place of interest. EACH CHILD MUST BE ABLE TO COMPREHEND AND SPEAK ENGLISH IN ORDER TO BE ADMITTED INTO CLASS.

The Tiny Tot program is held 5 days a week. There are some new changes for the Monday, Wednesday, Friday class. We are following the Cypress and Centralia School District requirements for kindergarten. Children must be 4 years old by 9/1/16 in order to register for each session throughout the year. Children being registered for the Tuesday and Thursday class must be 3 years old by the beginning of the each new session.

Priority registration will be given to previous Session 1 participants enrolling in our second and third sessions. Priority registration for Session 2 runs from September 26-30. Open registration for the second Session begins Saturday, October 1. Priority Registration for Session 3 runs from November 21 – 26. Open registration for the third Session begins Saturday, November 27.

No phone-in or online registration will be accepted. If class minimum of 12 participants is not met, the class will be cancelled.

Fees: Residents \$145 for 7 weeks on M/W/F \$102 for 7 weeks on T/Th

Non-Residents \$160 for 7 weeks on M/W/F \$117 for 7 weeks on T/Th

Instructor: T. York

Location: Pygmy Room

Session 2

Code	Days	Dates	Time
5748	M/W/F	10/10-12/2*	9:00 a.m.-12:00 p.m.
5750	T/TH	10/11-12/1*	9:30-11:30 a.m.
*No class 11/11, 11/21-11/25			

Session 3

Code	Days	Dates	Time
5751	M/W/F	12/5-2/3*	9:00 a.m.-12:00 p.m.
5752	T/TH	12/6-2/2*	9:30-11:30 a.m.
*No class 12/22-1/6, 1/16			



Dance

Parent & Me Ballet and Tap

Age: 2 – 3

Help your child develop self-confidence and poise through the art of dance! This class is designed to teach the fundamentals of ballet and tap. Class fee covers one child and one adult. Adult participation is required and attending children must be registered for class.

This class is co-sponsored with Buena Park Recreation and will be held at the Buena Park Community Center

Instructor: High Fidelity Entertainment		Location: Buena Park Community Center		
Code	Days	Dates	Time	Fee/Weeks
5771	TH	9/8-11/10*	4:30-5:15 p.m.	\$50/8
*No Class 10/6, 10/13				

Ballet and Tap for Tots

Age: 3 – 5

For little tykes who like to dance. This is a fun introduction to ballet & tap, which includes beginning movements, arm and foot positions. Help your child develop self-confidence and poise through the art of dance! Postures, grace, rhythm, arm and foot positions, and base stretches are taught exercises specifically designed for this age group. This class will cover pre-ballet techniques.

Instructor: High Fidelity Entertainment		Location: Sago Palm Room		
Code	Days	Dates	Time	Fee/Weeks
5772	T	9/6-11/8	4:00-4:45 p.m.	\$54/10

Lil' Ones Hip-Hop

Age: 3 – 6

Children ages 3-6 will learn movement and basic dance steps while they have fun dancing to Hip-Hop music!

Instructor: High Fidelity Entertainment		Location: Sago Palm Room		
Code	Days	Dates	Time	Fee/Weeks
5773	TH	9/8-11/10	4:45-5:30 p.m.	\$54/10

Music/Art

Art Innovator's Preschool

Age: 3.5 – 5

Unleash your little one's power to create! Learning to draw on their own not only refines their fine motor skills, but boosts their confidence like never before! Students explore various subjects and fun art media each week. There is a \$5 material fee payable to the instructor and the first class meeting.

This class is co-sponsored with Buena Park Recreation and will be held at the Buena Park Community Center.

Instructor: Certified Art Innovators Instructor		Location: Buena Park Community Center		
Code	Days	Dates	Time	Fee/Weeks
5774	T	9/13-10/11	2:05-2:45 p.m.	\$57/5
5775	T	10/18-11/15	2:05-2:45 p.m.	\$57/5

Kids Love Music: Babies

Age: 4 – 14 mos.

Musical bonding time for you and your baby (4-14 month old baby, NOT YET WALKING!) Learn lap songs, peek-a-boo songs, and active chants. Explore rhythm and sound with shakers and drums. Your baby gains motor skills, building blocks for tonal memory, cognitive development – and fun with you! Class content changes each session. Adult participation is required. Please bring a baby blanket to all classes. There is an optional materials fee for a music CD “Baby and Me” (\$10), rhythm instrument (\$6 or \$7), peek-a-boo scarf (\$5) or purchase all three for \$20.

This class is co-sponsored with Cypress Recreation and will be held at the Cypress Community Center.

Instructor: K. Greeno				Location: Cypress CC
Code	Days	Dates	Time	Fee/Weeks
5776	TH	10/20-11/17	3:30-4:00 p.m.	\$65/5

Kids Love Music: Toddlers

Age: 1 – 2 years old

A good class for first-timers! Together we sing, dance, play rhythm instrument, and explore playing drums, xylophones, and glockenspiels. We keep you and your toddler active and engaged in this shortened version of the Kids Love Music class! Class content changes each session. Adult participation required. There is an optional materials fee for a music CD “It’s Music Time Again” or “Sing with Me” (\$10), rhythm instrument (\$6 or \$7), harmonica (\$5) or purchase all three for \$20.

This class is co-sponsored with Cypress Recreation and will be held at the Cypress Community Center.

Instructor: K. Greeno				Location: Cypress CC
Code	Days	Dates	Time	Fee/Weeks
5777	TH	10/20-11/17	4:15-4:45 p.m.	\$65/5

Kids Love Music

Age: 1 – 4

Come sing, dance, and play together with animal puppets and rhythm instruments! Explore making music with drums, and pentatonic xylophones, and glockenspiels! Class content changes each session. Adult participation required. There is an optional material fee for a music CD “It’s Music Time Again” or “Sing with Me” (\$10), rhythm instrument (\$6 or \$7), harmonica (\$5) or all of the mentioned for \$20.

This class is co-sponsored with Cypress Recreation and will be held at the Cypress Community Center.

Instructor: K. Greeno				Location: Cypress CC
Code	Days	Dates	Time	Fee/Weeks
5778	TH	10/20-11/17	5:00-5:45 p.m.	\$65/5

Fitness

TriFyftt: Soccer

Age: 2 – 6

Here is a great chance for kids to play their favorite sport, SOCCER! This class is designed to motivate children to be active and healthy while giving them the fundamental skills needed to succeed and grow in the sport of soccer. Every child will be given a camp shirt. The 2-3 age is a Parent and Me Soccer class.

Instructor: Trifyftt Sports				Location: Central Park	
Code	Age	Days	Dates	Time	Fee/Weeks
5779	2-3	TH	10/6-11/3	5:00-5:30 p.m.	\$59/5
5780	3-4	TH	10/6-11/3	5:30-6:15 p.m.	\$59/5
5781	4-6	TH	10/6-11/3	6:30-7:15 p.m.	\$59/5

TriFyftt: Multi Sport

Age: 2 – 6

Here is a great chance for kids to play their favorite sports (soccer, t-ball, basketball) all at one class! This class is designed to motivate children to be active and healthy while giving them the fundamental skills needed to succeed and grow in whichever sport they choose. Every child will be given a camp shirt. The 2-3 age is a Parent and Me Multi Sport class.

Instructor: Trifyftt Sports				Location: Central Park	
Code	Age	Days	Dates	Time	Fee/Weeks
5782	2-3	SAT	10/8-11/5	9:30-10:00 a.m.	\$59/5
5783	3-4	SAT	10/8-11/5	10:00-10:45 a.m.	\$59/5
5784	4-6	SAT	10/8-11/5	11:00-11:45 a.m.	\$59/5

Anaheim Ice Parent & Me Skating

Age: 3 – 5

What a great opportunity to bond with your child as you both learn to skate in a fun and relaxed atmosphere. One parent and one child per class. The fee includes skate rental, lessons, free practice on day of class, and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the first class and dress warm.

This class is located at Anaheim Ice Rink.

Instructor: Anaheim ICE Staff				Location: Anaheim ICE
Code	Days	Dates	Time	Fee/Weeks
5785	T	9/20-10/11	12:30-1:00 p.m.	\$49/4
5786	SAT	9/24-10/15	11:45-12:15 p.m.	\$49/4
5787	T	10/18-11/8	12:30-1:00 p.m.	\$49/4
5788	SAT	10/22-11/12	11:45-12:15 p.m.	\$49/4
5789	T	11/15-12/13*	12:30-1:00 p.m.	\$49/4
5790	SAT	11/19-12/17*	11:45-12:15 p.m.	\$49/4

*No Class 11/22, 11/26

Activity Guide

Youth

Educational

Anaheim Ice: Skating for Tots

Age: 3 – 5

Join the fun at Anaheim ICE! Beginning ice skating made fun and easy. Learn to march, glide, and fall down and get up properly. Class includes skate rental, lessons, free practice on day of class, and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the first class and dress warm.

This class is located at Anaheim ICE.

Instructor: Anaheim ICE Staff

Location: Anaheim ICE

Code	Days	Dates	Time	Fee/Weeks
5791	W	9/21-10/12	5:00-5:30 p.m.	\$49/4
5792	SAT	9/24-10/15	10:45-11:15 a.m.	\$49/4
5793	W	10/19-11/9	5:00-5:30 p.m.	\$49/4
5794	SAT	10/22-11/12	10:45-11:15 p.m.	\$49/4
5795	W	11/16-12/14*	5:00-5:30 p.m.	\$49/4
5796	SAT	11/19-12/17*	10:45-11:15 a.m.	\$49/4

*No class 11/23, 11/26

Tiny Tigers Preschool Martial Arts



Age: 2.5 – 6

If you are looking for a fun activity for your preschooler, look no further! This program will teach your child the basic skills that will be an essential part of growing up. Teaching balance coordination and confidence. For over 27 years we have been teaching children of all ages. Uniform is included in class fee. Students can pick two classes per week. Each week this class meets on Tuesday and Thursday at 6:00-6:30 p.m.; Wednesday at 3:30-4:00 p.m.; and Saturday 10:45-11:15 a.m.

This class is located at U.S. Taekwondo Academy 12233 Centralia Street, Lakewood.

Instructor: C. Markopolos

Location: Lakewood Taekwondo Academy

Code	Days	Dates	Time	Fee/Weeks
5797	Varies	9/1-9/29	Varies	\$155/4
5798	Varies	10/1-10/29	Varies	\$155/4
5799	Varies	11/1-11/30	Varies	\$155/4
5800	Varies	12/1-12/31	Varies	\$155/4

Swimming Safety and Beginning Swim Lessons for Children

Age: 6 mos – 8 yrs

A fun and safe way to make a splash! Participants will gain lifelong confidence in and out of the water. Classes are taught by the Anaheim Family YMCA and will be held in the indoor, heated therapeutic pool at the La Palma Intercommunity Hospital. Classes teach basic water skills. Due to pool size restrictions, all levels are designed for the non-swimmer or very beginning student.

Registration forms are available at the Recreation Office in Central Park.

Math Competition Prep Class

Age: 7 – 13

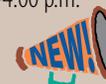
Become a confident competitor in math tests such as AMC and Math Kangaroo! Go beyond school mathematics and learn how to apply problem-solving, creativity, and logic skills to solve challenging problems. This program provides a great environment for those seeking to improve their math skills. Every week, students are taught how to approach competition-style math problems to improve their skills and attain mastery.

Instructor: Young Leaders of Orange County

Location: Sago Palm

Code	Days	Dates	Time	Fee/Weeks
5801	SAT	9/10-9/24	2:30-4:00 p.m.	\$30/3
5802	SAT	10/1-10/29	2:30-4:00 p.m.	\$50/5
5803	SAT	11/5-11/19	2:30-4:00 p.m.	\$30/3
5804	SAT	12/3-12/17	2:30-4:00 p.m.	\$30/3

Handwriting



Age: 8 – 15

Is cursive writing still important? It is if you want to show people who you are, or you need help with recalling things better or longer. Some people still like to receive a card or letter written in familiar handwriting! For some, it's the action of writing to express yourself. This class is a fun way to learn to write, using a psychomotor approach to developing the skills needed for beautiful writing, no matter what style you choose.

Instructor: Mary McGlasson

Location: Sago Palm Room

Code	Days	Dates	Time	Fee/Weeks
5805	M	9/12-9/26	3:15-3:45 p.m.	\$27/3
5806	M	10/3-10/24	3:15-3:45 p.m.	\$35/4
5807	M	11/7-11/28	3:15-3:45 p.m.	\$35/4
5808	M	12/5-12/19	3:15-3:45 p.m.	\$27/3

Experiential Writing



Age: 7 – 12

Everyday experiences can launch and inspire writing. Participate in creative exercises, outdoor games, and sensory activities before creating wonderful essays about those experiences. Students will practice styles of writing, including narrative, persuasive, and compare and contrast. They will learn grammar within the context of their own writing. Bring a journal for free writing when time permits. A \$28 materials fee is payable to instructor on first day of class.

This class is co-sponsored with the City of Cypress and will be held at the Cypress Community Center.

Instructor: Write On!

Location: Cypress CC

Code	Days	Dates	Time	Fee/Weeks
5809	T	9/13-10/4	3:30-5:00 p.m.	\$60/4
5810	T	10/11-11/1	3:30-5:00 p.m.	\$60/4

Narrative Writing

Age: 7 – 12

Create your own narrative essays with quirky characters, twisty plots, descriptive dialogue, and strange settings. Share stories and learn from one another. We will focus on the writing elements necessary to score well on any narrative writing exam. Students will learn grammar and editing within the context of their own writing. Bring a journal for free writing when time permits. A \$28 materials fee is payable to instructor on first day of class.

This class is co-sponsored with the City of Cypress and will be held at the Cypress Community Center.

Instructor: Write On!

Location: Cypress CC

Code	Days	Dates	Time	Fee/Weeks
5811	T	11/8-12/6*	3:30-5:00 p.m.	\$60/4

*No Class 11/22

Music/Art

Art Innovators

Age: 5 – 11

Learn to draw with Art Innovators! Students will build their own portfolio with the masterpieces they create each week. We will explore a variety of subjects and media including watercolor, professional markers, pastels and more. Come build confidence, creative thinking, and problem-solving skills by engaging the imagination in a new way! If you can dream, you can draw! We never repeat! A \$10 material fee is payable to the instructor.

This class is co-sponsored with Buena Park Recreation and will be held at the Ehlers Recreation Center.

Instructor: Certified Art Innovators Instructor

Location: Ehlers Recreations Center

Code	Days	Dates	Time	Fee/Weeks
5812	T	9/13-10/11	3:00-4:00 p.m.	\$68/5
5813	T	10/18-11/15	3:00-4:00 p.m.	\$68/5

Fine Arts Club

Age: 10 – 15

Some children deny their creativity because they think it's special and they're not. However, they have an innate capacity for growth and that is empowering. Through these fine arts activities, kids will discover their creative potential and come to realize it is the energy that allows them to view life as an opportunity for exploration and expanding sense of self. Using watercolor, markers, colored pencils, and crayons, students will be given the opportunity to explore materials and techniques to develop their skills to transpose their mental images into tangible visual statements. A materials list will be available at the first class meeting.

Instructor: Mary McGlasson

Location: Sago Palm Room

Code	Days	Dates	Time	Fee/Weeks
5814	M	9/12-9/26	4:00-5:00 p.m.	\$27/3
5815	M	10/3-10/24	4:00-5:00 p.m.	\$35/4
5816	M	11/7-11/28	4:00-5:00 p.m.	\$35/4
5817	M	12/5-12/19	4:00-5:00 p.m.	\$27/3

The Art and Beauty of Numbers



Age: 7+

Numbers have shapes and patterns. When we learn what they are and see how to use them, it allows us to better remember math facts and compute quickly, more easily and accurately.

Join us to explore the art and beauty of numbers!

Instructor: Mary McGlasson

Location: Sago Palm Room

Code	Days	Dates	Time	Fee/Weeks
5818	M	9/12-9/26	5:15-5:45 p.m.	\$27/3
5819	M	10/3-10/24	5:15-5:45 p.m.	\$35/4
5820	M	11/7-11/28	5:15-5:45 p.m.	\$35/4
5821	M	12/5-12/19	5:15-5:45 p.m.	\$27/3

Dance

Ballet & Tap Combo

Age: 6 – 8

Help your child develop self-confidence and poise through the art of dance! Postures, grace, rhythm, arm and foot positions, and basic stretches are taught through exercises specifically designed for this age group. The class will cover pre-tap and pre-ballet techniques.

Instructor: High Fidelity Entertainment

Location: Sago Palm Room

Code	Days	Dates	Time	Fee/Weeks
5822	T	9/6-11/8	4:45-5:30 p.m.	\$54/10

Hip Hop Kids

Age: 7 – 11

A Hip-Hop class designed for boys and girls! Learn different styles of hip-hop from commercial to "old school" moves to freestyle. Get your friends and siblings to join you as you improve your skills in dance.

Instructor: High Fidelity Entertainment

Location: Sago Palm Room

Code	Days	Dates	Time	Fee/Weeks
5823	TH	9/8-11/10	5:30-6:15 p.m.	\$54/10

Register online today!

Activity Guide

Youth / Teens

Fitness

Lil' Tigers Karate

Age: 4 – 7

Do you want your child to develop better social skills and understand the concept of "teamwork?" This program is developed specifically for preschool age children through age 7. It is designed to improve childrens' motor skills and enhance their ability to pay attention and follow directions. A martial arts uniform is required and will be available at the first class meeting.

This class is located at the Martial Arts Fitness Center.

Instructor: A. Jafari			Location: MA Center	
Code	Days	Dates	Time	Fee/Weeks
5824	M/W	9/7-9/26	3:30-4:30 p.m.	\$45/3
5825	M/W	10/3-10/19	3:30-4:30 p.m.	\$45/3
5826	M/W	11/2-11/21	3:30-4:30 p.m.	\$45/3

Aikido for Kids

Age: 5 – 12

Aikido is a noncompetitive and non-violent martial art with the goal of developing both mind and body. Aikido helps children gain confidence through self-defense techniques while also increasing their flexibility and fitness. Classes start with stretching, rolling and learning to fall safely. Basic movements in joint-lock and throwing techniques are taught step-by-step, ensuring that students learn in a simple and clear methodology. Children who qualify may test for ranks designed to prepare them for transition into the Aikido Association of America. Additional fee required for testing. Wear loose fitting sports clothing that cover knees, or a karate or judo uniform with a white belt.

This class is co-sponsored with Buena Park Recreation and will be held at Ehlers Recreation Center.

Instructor: O. Rosenthal			Location: Ehlers Recreation Center	
Code	Days	Dates	Time	Fee/Weeks
5827	M/W/TH	9/7-10/20	5:30-6:30 p.m.	\$90/7
5828	M/W/TH	10/24-12/8	5:30-6:30 p.m.	\$90/7

TriFyftt: Basketball Skills

Age: 6 – 12

Here is a great chance for young basketball players to receive specific coaching techniques on skills and game situations. Through fun and safe games, athletes will learn new techniques and tactics of the game of basketball. We will also concentrate on teaching the benefits of sportsmanship, discipline, and teamwork. Every child will be given a class shirt.

Instructor: Trifytt Sports			Location: Central Park		
Code	Age	Days	Dates	Time	Fee/Weeks
5829	6-9	SAT	10/8-11/5	12-12:45 p.m.	\$59/5
5830	9-12	SAT	10/8-11/5	1-1:45 p.m.	\$59/5

Fitness

Junior Karate

Age: 8 – 14

Karate at the Martial Arts Fitness Center is an excellent confidence booster for kids. Their training will encourage them to draw on their own strengths and strive for their personal best. Students will be involved in positive activities that will direct their focus to achieve goals that may not have been thought possible. Emphasis will be on developing your child's self-esteem, self-discipline, and confidence through practicing traditional karate techniques. A martial arts uniform is required and will be available at the first class meeting.

This class is located at the Martial Arts Fitness Center.

Instructor: A. Jafari			Location: MA Center	
Code	Days	Dates	Time	Fee/Weeks
5831	T/TH	9/6-9/22	4:30-5:30 p.m.	\$45/3
5832	T/TH	10/4-10/20	4:30-5:30 p.m.	\$45/3
5833	T/TH	11/1-11/17	4:30-5:30 p.m.	\$45/3

Junior Tae Kwon-Do

Age: 8 – 14

This class is not only a great way to exercise, but it's also a great way for students to learn self-control, improve study habits, and increase concentration skills. Students learn a variety of techniques that will allow them to better handle physical and emotional challenges of life. A martial arts uniform is required and will be available at the first class meeting.

This class is located at the Martial Arts Fitness Center.

Instructor: A. Jafari			Location: MA Center	
Code	Days	Dates	Time	Fee/Weeks
5834	M/W	9/7-9/26	4:30-5:30 p.m.	\$45/3
5835	M/W	10/3-10/19	4:30-5:30 p.m.	\$45/3
5836	M/W	11/2-11/21	4:30-5:30 p.m.	\$45/3



Tennis

Age: 7 – 13

It's time to jump into action with our tennis classes for all ages! Instructor Patrick McConnell and his staff take time with each student to teach tennis skills such as: footwork, serving, ground strokes, and hitting; all while instilling good sportsmanship. Bring your own racket and \$15 supply fee to the first class. This supply fee covers the cost of balls and session awards to the top player in each class.

Level #1: Player is just beginning to play or has had minimal lessons. At this level you will learn the basics of tennis.

Level #2: Advanced beginning players should be able to hit the ball over the net with some success. At this level, players will begin to work on spins, placement, and footwork.

Level #3/Academy: Intermediate players should be able to place their strokes and volleys. They are in the process of learning serves and match play.

Instructor: McConnell Sports Staff B. Yuen

Location: Tennis Courts

Code	Level	Age	Days	Dates	Time	Fee/Weeks
5837	1	7-13	TH	9/8-10/20	4:00-5:00 p.m.	\$70/7
5838	2/3	7-13	TH	9/8-10/20	5:00-6:30 p.m.	\$100/7
5839	1	7-13	TH	11/10-12/22*	4:00-5:00 p.m.	\$60/6
5840	2-3	7-13	TH	11/10-12/22*	5:00-6:30 p.m.	\$80/6

*No Class 11/24

Anaheim Ice Skating: Youth-Beginning

Age: 6 – 16

Have fun at Anaheim ICE! Beginning ice skating made fun and easy! Learn how to skate across the ice, glide on one foot, turn, stop, and more. The fee includes skate rentals, lessons, free practice on day of class, and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the first class and dress warm. This class is located at Anaheim ICE.

Instructor: Anaheim ICE Staff

Location: Anaheim ICE

Code	Days	Dates	Time	Fee/Weeks
5841	W	9/21-10/12	5:00- 5:30 p.m.	\$49/4
5842	SAT	9/24-10/15	10:45-11:15 a.m.	\$49/4
5843	W	10/19-11/9	5:00- 5:30 p.m.	\$49/4
5844	SAT	10/22-11/12	10:45-11:15 a.m.	\$49/4
5845	W	11/16-12/14*	5:00-5:30 p.m.	\$49/4
5846	SAT	11/19-12/17*	10:45-11:15 a.m.	\$49/4

*No Class 12/23, 12/26

Freestyle Jump Roping

Ages: 6 – 16

This class is an introduction to the exciting sport of Jump Rope. Learn individual and pair skills, Double Dutch, single rope speed/power, Long Rope, and Chinese Wheel. Any level jumper is welcome to join this class. Jump rope is a lot of fun and will help increase self-esteem and fitness levels which will help children to excel at other sports. Come prepared with appropriate athletic shoes, snacks, and water. Class is taught by the USA Jump Rope region 8 Champions-Jumping Coyotes. A \$2 material fee is paid to the instructor at first class meeting.

Instructor: R. Neder

Location: Sago Palm

Code	Days	Dates	Time	Fee/Weeks
5847	W	9/7-9/28	6:30- 7:30 p.m.	\$35/4
5848	W	10/26-11/16	6:30- 7:30 p.m.	\$35/4



You Can Reach Us!

**Monday-Friday
7:30 a.m. to 10:00 p.m.**

**Weekends
8:00 a.m. to 8:00 p.m.**

(714) 690-3350

Activity Guide

Teen Events

Dances: For 7th and 8th grade

Location: La Palma Community Center, 7821 Walker Street, La Palma

Time: 6 – 9 p.m.

\$10 Dollar admission

The City of La Palma in cooperation with the City of Cypress offers five teen dances throughout the school year. Teens must be present to purchase ticket and have a valid school ID during time of purchase and to be admitted into each dance! Verification through Aeries may be used in place of ID card. You won't want to miss out on these fun dances!

90'S Flashback

Saturday, September 17, 2016

Pre-sale begins on September 12, 2016

Halloween Dance

Saturday, October 15, 2016

Presale begins on October 10, 2016



Dodgeball Night

Friday, November 4, 2016

Ages 13 – 18

Location: Lexington Jr. High School

Time: Starts at 6:00 p.m.

\$10 dollars per Team

Single players or teams (up to 10) are welcome! Pick up a registration form at La Palma Community Services Department. There will be prizes for first place, most creative team name, and most creative uniform. Register now, spaces are limited!

Teen Movie & Coffee Night

Saturday, November 5, 2016

Ages 13 – 18

Location: Cypress Community Center

Time: Starts at 6:30 p.m.

\$2 per teen (including drink)

Teens are welcome to come and enjoy their choice of movie (two movie options), while enjoying time with friends and a delicious beverage!

Upcoming Teen Events:

New Years' Teen Dance:	Saturday, January 14, 2017
Dodgeball Night:	Friday, February 17, 2017
March Madness Basketball Tournament:	Friday, March 10, 2017
Teen Fashion Scene:	Saturday, April 1, 2017
Teen Choice Dance:	Saturday, April 8, 2017

Teens

Educational

Drivers Education

Age: 14 – 18

Driver's education is a California-required course for teens to receive a driver's license, and is the first step that must be taken so the teen can receive a driver's permit. This course includes parental involvement; and is fun, interactive, and educational. Coursework can be completed at any time of day or night and is offered online only. DMV-accepted completion certificates issued upon successful completion of the course. Class does not include behind-the-wheel driving.

Instructor: All Good Drivers

Location: Online Course

Code	Days	Dates	Fee/Weeks
5849	Internet	9/1-12/31	\$40



Aikido-Beginning/Intermediate/Advanced

Age: 13+

The Japanese martial art of Aikido is a peaceful discipline, combining effective self-defense with a philosophy for living each day. Classes include stretching, instruction in safe rolling and falling, joint-lock and throwing techniques, and etiquette. Students who qualify, may test for the rank of 7th kyu in the Aikido Association of America. Additional fees are required for testing. Wear loose fitting sports clothing covering knees (no shorts), or a karate or judo uniform with white belt. Intermediate/Advanced classes require prior attendance in the Beginning Aikido class AND instructor approval. This class is co-sponsored with Buena Park Recreation and will be held at Ehlers Recreation Center.

Instructor: J. Nakayama

Location: Ehlers Recreation Center

Code	Days	Dates	Time	Fee/Weeks	Code	Days	Dates	Time	Fee/Weeks
Beginning					Inter/Adv – Prior attendance in the Beginning Aikido class and instructor approval required for this class.				
5855	M/TH	9/1-10/22*	6:30-7:30 p.m.	\$70/7	5857	M/TH	9/3-10/22	7:30-8:30 p.m.	\$80/7
	SAT		9:30-10:30 a.m.			W		6:30-7:30 p.m.	
5856	M/TH	10/24-12/10*	6:30-7:30 p.m.	\$70/7		S		9:30-10:30 a.m.	
	SAT		9:30-10:30 a.m.		5858	M/TH	10/24-12/10*	7:30-8:30 p.m.	\$80/7
		*No Class 9/5, 11/12, 11/24, 12/3				W		6:30-7:30 p.m.	
						S		9:30-10:30 a.m.	

*No Class 11/12, 11/24, 12/3

Teens / Adults

Music/Art

Art of Caricature

Age: 12+

In this delightful class, students will learn the fundamentals of caricature from basic facial anatomy to learning how to exaggerate. Topics are approached with humor and wit. Students will draw from photos as well as drawing others in class. Join us for drawing and FUN! A \$15 material fee is payable to the instructor at the first class.

Instructor: J. Galloway

Location: Fan Palm

Code	Days	Dates	Time	Fee/Weeks
5850	T	9/13-10/18	6:30-8 p.m.	\$65/6
5851	T	10/25-11/29	6:30-8 p.m.	\$65/6

Fitness

Belly Dance

Age: 13+

Shimmy your way to fitness; BELLY DANCE is a rhythmic journey through graceful serpentine and lively movements. With hip motions, twists, and dance moves, you'll enjoy a full-body workout that will strengthen the core (abdomen and spine), while delivering various degrees of aerobic activity. No prior dance experience required.

Instructor: M. Kolostian

Location: Sago Palm Room

Code	Days	Dates	Time	Fee/Weeks
5852	T	9/6-10/11	7-8:00 p.m.	\$39/6
5853	T	10/18-11/29*	7-8:00 p.m.	\$39/6
5854	T	12/6-1/10	7-8:00 p.m.	\$39/6

*No Class 11/8

Activity Guide

Teens / Adults

Iaido and Meditation

Age: 13+

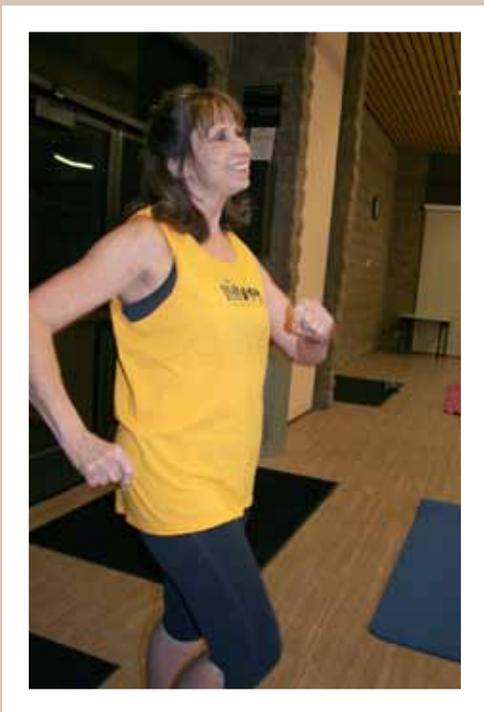
Iaido (ee-eye-doe) is the art of using the Japanese sword in a non-competitive form. Iaido emphasizes awareness, calmness, centering, focus, and precision, as well as traditional etiquette. Students may use an iaito (unsharpened practice sword), or bokken (wooden sword). Training will also include the use of the jo (staff). Bokken and jo will be provided for beginners. Wear loose fitting sports clothing covering knees and elbows (no shorts), or a Japanese dogi (training uniform) with white belt. If you have an iaito or hakama, you may use them in class. All personal weapons must be approved. Students who qualify may test for ranks up to and including black belt. Additional fees required for testing. Meditation based on Rinzaï Zen is held on Saturdays only. This class is co-sponsored with Buena Park Recreation and will be held at Ehlers Recreation Center.

Instructor: Black Belt Staff

Location: Ehlers Recreation Center

Code	Days	Dates	Time	Fee/Weeks
5859	W SAT	9/7-10/22	7:30-8:30 p.m. 8:00-9:30 a.m.	\$60/7
5860	W SAT	10/26-12/10*	7:30-8:30 p.m. 8:00-9:30 a.m.	\$60/7

*No Class 11/12, 12/3



Adult Tae Kwon-Do

Age: 15+

Training in martial art classes is essentially a process of change. Weight loss and physical energy are difficult to quantify, but virtually everyone who participates in this program over a period of time reports a positive effect on outlook and energy level. Classes are designed to develop endurance, flexibility, and balance along with self-defense techniques. A martial arts uniform is required and will be available at the first class meeting. This class is located at the Martial Arts Fitness Center.

Instructor: A. Jafari

Location: MA Center

Code	Days	Dates	Time	Fee/Weeks
5861	M/W	9/7-9/26	6:30-7:30 p.m.	\$45/3
5862	M/W	10/3-10/19	6:30-7:30 p.m.	\$45/3
5863	M/W	11/2-11/21	6:30-7:30 p.m.	\$45/3

Adult Karate

Age: 15+

Regular karate practice creates mental clarity and calmness, increases body awareness, relaxes the mind, centers attention, and sharpens concentration. Our approach to traditional karate training allows students to achieve physical fitness, balance, health, and overall well-being. A martial arts uniform is required and will be available at the first class meeting. This class is located at the Martial Arts Fitness Center.

Instructor: A. Jafari

Location: MA Center

Code	Days	Dates	Time	Fee/Weeks
5864	T/TH	9/6-9/22	5:30-6:30 p.m.	\$45/3
5865	T/TH	10/4-10/20	5:30-6:30 p.m.	\$45/3
5866	T/TH	11/1-11/17	5:30-6:30 p.m.	\$45/3

Aerobic Dancing

Age: 16+

Do you love to dance? If so, Jackie Sorensen's Aerobic Dancing is a fun fitness program for you! This original fitness program is designed to provide a heart pumping cardiovascular and muscular workout through choreographed dances. The program includes warm-up and cool-down dances, abdominal work, aerobic dances, and the Vertifirm concept. Vertifirm (with optional hand-held and/or ankle weights) maximizes lower body strength and toning; it takes leg and thigh work up off the floor and combines it with upper body conditioning to burn more calories and fat. Participants should wear comfortable clothing; good jogging or cross-training shoes and bring a towel or mat.

The Monday, Wednesday, and Saturday "Pay As You Go" class fee is \$6 per class. Note: Aerobic Dancing is a fitness sport which requires progressive instruction. We regret that we cannot accept new students after the first week of class.

Instructor: K. Phelps

Location: Royal Palm

Code	Days	Dates	Time	Fee/Weeks
5867	M/W	9/19-12/21*	5:45-6:45 p.m.	\$125/13
Pay as you go	SAT	9/24-12/10*	8:30-9:45 a.m.	\$6/1 day
Pay as you go	M/W	9/19-12/21*	5:45-6:45 p.m.	\$6/1 day

*No Class on 10/31, 11/23, 11/26, 12/7

Adults

Fitness

Abs, Thighs, and Buns

Age: 16+

No cardio, just an invigorating warm up, an hour of intense work on the Abs, Thighs, and Buns, followed by a relaxing cool down. Different paces are suggested throughout the class so you can work at the level in which you're comfortable and increase intensity when you choose. Wear comfortable clothes, bring a water bottle and mat. This class is co-sponsored with Buena Park Recreation.

Tuesday's class is held at Ehlers Recreation Center, and Thursday's class is held at the Buena Park Community Center.

Instructor: High Fidelity Entertainment			Location: Buena Park CC/Ehlers	
Code	Days	Dates	Time	Fee/Weeks
5905	T	9/6-11/8	6:00-7:00 p.m.	\$54/10
5906	TH	9/8-11/10	6:00-7:00 p.m.	\$54/10
5907	T/TH	9/6-11/10	6:00-7:00 p.m.	\$80/10

Women's Self Defense

Age: 14+

This class will be tailored towards how an average woman can effectively deal with real world dangers without having to devote years of her life to the study of Martial Arts. This class will introduce basic self-defense techniques, which can be applied regardless of the person's size or physical condition. You will learn defensive tactics along with hands-on practice.

This class is held at the Martial Arts Fitness Center.

Instructor: A. Jafari			Location: MA Center	
Code	Days	Dates	Time	Fee/Weeks
5386	F	9/2-9/16	7:00-8:00 p.m.	\$45/3
5908	F	10/7-10/21	7:00-8:00 p.m.	\$45/3
5909	T	11/4-11/18	7:00-8:00 p.m.	\$45/3

Anaheim Ice Skating for Adults

Age: 17+

Beginning ice skating made fun and easy at Anaheim Ice! Learn how to skate across the ice, glide on one foot, stop, turn, and more. Fee includes skate rental, lessons, free practice on the day of class and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early for the first class and dress warm. This class is located at Anaheim ICE.

Instructor: Anaheim ICE Staff			Location: Anaheim ICE	
Code	Days	Dates	Time	Fee/Weeks
5910	W	9/21-10/12	7:00-7:30 p.m.	\$49/4
5911	W	10/19-11/9	7:00-7:30 p.m.	\$49/4
5912	W	11/16-12/14*	7:00-7:30 p.m.	\$49/4
5913	TH	9/22-10/13	7:00-7:30 p.m.	\$49/4
5914	TH	10/20-11/10	7:00-7:30 p.m.	\$49/4
5915	TH	11/17-12/15*	7:00-7:30 p.m.	\$49/4

*No Class 11/23, 11/24

Zumba Fitness & Zumba Toning

Age: 18+

Zumba is more like a party than a workout; it is an energetic, fun, and easy to follow way to workout. Based on Latin style of dancing, Zumba is a total workout, combining all elements of fitness—cardio, muscle conditioning, balance and flexibility, boosted energy, and a serious dose of awesome each time you leave class. Wear comfortable clothes and bring a water bottle.

Instructor: L. Li			Location: Sago Palm	
Code	Days	Dates	Time	Fee/Weeks
5916	M/W	9/7-9/28	7:45-8:45 p.m.	\$35/4
5917	M/W	10/3-10/26	7:45-8:45 p.m.	\$40/4
5918	M/W	11/2-11/28	7:45-8:45 p.m.	\$40/4

Tai Chi Chuan

Age: 13+

Tai Chi is one of the most popular form of internal exercise practiced all over the world. It is a soft and smooth form also known as "a moving meditation". Tai Chi is safe, easy to learn, sweat-free, improves your physical condition, muscle strength, coordination, flexibility, and balance. Wear comfortable clothes. This class is co-sponsored with the City of Buena Park and all classes are held at Ehlers Community Center.

Instructor: O. Rosenthal			Location: Ehlers Community Center	
Code	Days	Dates	Time	Fee/Weeks
5919	T	9/6-10/18	7:00-8:00 p.m.	\$35/7
5920	T	10/25-12/6	7:00-8:00 p.m.	\$35/7

Power Barre

Age: 18+

Power Barre is a smooth flowing workout that will tone your entire body along with improving balance and flexibility. Nonstop movements are performed at two tempos; the faster intervals burn fat, the same motions at a slower pace builds lean muscle. A bar is used to achieve optimum positions. Master Cynthia has helped countless women reshape their bodies. Go to their website for more information www.jparksmartialarts.com.

Instructor: C. Markopulos			Location: Lakewood Taekwondo Academy	
Code	Days	Dates	Time	Fee/Weeks
5921	M/TH	9/1-9/29	7:00-7:50 p.m.	\$55/4
5922	M/TH	10/3-10/27	7:00-7:50 p.m.	\$55/4
5923	M/TH	11/3-11/28	7:00-7:50 p.m.	\$55/4
5924	M/TH	12/1-12/29	7:00-7:50 p.m.	\$55/4

Activity Guide

Adults

Power Tai Fitness

Age: 18+

Power Tai Fitness, created by Grand Master J.G. Park, is a great workout to lose weight fast and tone your muscles. This class combines Taekwondo, cardio, boxing, and cardio-weight movements done to high energy up beat music. Add this fun class to your weekly routine to see the results you've been looking for. If you like Tae Bo, you'll love this class. Go to their website for more information www.jparksmartialarts.com.

Instructor: C. Markopulos		Location: Lakewood Taekwondo Academy		
Code	Days	Dates	Time	Fee/Weeks
5925	T	9/3-9/27	7:00-8:00 p.m.	\$55/4
	SAT		8:30-9:30 a.m.	
5926	T	10/1-10-29	7:00-8:00 p.m.	\$55/4
	SAT		8:30-9:30 a.m.	
5927	T	11/1-11/29	7:00-8:00 p.m.	\$55/4
	SAT		8:30-9:30 a.m.	
5928	T	12/3-12/27	7:00-8:00 p.m.	\$55/4
	SAT		8:30-9:30 a.m.	

Easy Martial Art Training for Adult Fitness

Age: 18+

This new program is focused on adults who have always wanted to learn traditional oriental martial arts, but feel out of shape or uncomfortable training with younger students. Classes emphasize gentle, safe modern training methods, and personal growth. Students may continue training in this special program or advance to our regular training program when ready. New students order taekwondo uniforms (\$45), complete with patches and white belt from the instructor after enrolling for the first session.

Instructor: L. Amsell		Location: Pygmy/Sago Palm		
Code	Days	Dates	Time	Fee/Weeks
5929	T/TH	9/1-9/29	6:00-7:00 p.m.	\$45/4
5930	T/TH	10/4-10/27	6:00-7:00 p.m.	\$45/4
5931	T/TH	11/1-11/29*	6:00-7:00 p.m.	\$45/4
5932	T/TH	12/1-12/29	6:00-7:00 p.m.	\$45/4

*No Class 11/24

Arts

Beading

Age: 18+

This class is for beginners with an interest in making stunning jewelry. Learn the basics of jewelry design, materials selection, required tools, construction, and finishing. All needed tools will be provided. You will create two bracelets. A non-refundable \$10 cash materials fee is due to the instructor at the beginning of class.

Instructor: K. Cotton		Location: Fan Palm		
Code	Days	Dates	Time	Fee/Weeks
5933	SUN	9/11	10:00-12:00 p.m.	\$25

Bead Night

Age: 18+

Join us for a night of beading and chatting! Bring your unfinished project(s), share tips and enjoy refreshments. All levels are welcome. Registration is required.

This class is co-sponsored with the City of Buena Park and will be held at Ehlers Community Center.

Instructor: K. Cotton		Location: Ehlers Community Center		
Code	Days	Dates	Time	Fee/Weeks
5934	F	9/9	6:00-8:00 p.m.	\$10



Beading – Halloween Bracelet

Age: 18+

Create the perfect Halloween accessory you can wear year after year! In this 90 minute class you will create one bracelet to keep or gift! All needed tools will be provided. All skill levels are welcome. A non-refundable \$10 materials fee is due to the instructor at the beginning of class.

Instructor: K. Cotton		Location: Fan Palm		
Code	Days	Dates	Time	Fee/Weeks
5935	SUN	10/9	10:00-11:30 a.m.	\$20



Beading – Autumn Bracelet

Age: 18+

Celebrate the Season! Students will learn to use crimp materials and techniques to make this seasonal favorite. All skill levels are welcome. All needed tools will be provided. A non-refundable \$10 materials fee is due to the instructor at the beginning of class.

Instructor: K. Cotton		Location: Fan Palm		
Code	Days	Dates	Time	Fee/Weeks
5936	SUN	11/13	10:00-11:30 a.m.	\$20



Beading – Snowflake Charm

Age: 18+

Let it snow AND sparkle! Use color, shapes, and textures to personalize your bracelet. Create loops and learn how to properly close and open jump rings. All needed tools will be provided. All skill levels are welcome. A non-refundable \$10 materials fee is due to the instructor at the beginning of class.

Instructor: K. Cotton		Location: Fan Palm		
Code	Days	Dates	Time	Fee/Weeks
5937	SUN	12/11	10:00-12:00 p.m.	\$25



Education

Understanding and Enjoying Wine

Age: 21+

Would you like to have the knowledge to be able to buy good quality wine at a bargain price? Do you find yourself buying the same wines over and over because you are afraid to try something new and different? Would you like to know more about wine? In this class you will learn about the major wine producing regions of the world, the grapes that they grow, and the different varietals and styles of wine. You will also get an introduction to the growing of grapes and the wine making process. By the completion of the course, you will understand how to make sense of a wine label and you will have the confidence to purchase wine and order wine in a restaurant. Though we will discuss wines at all price levels, you will learn it isn't necessary to spend a small fortune in order to assure that you have purchased a quality wine.

A \$20 material fee will be payable to instructor on the first day of class. There will be an optional off site class to put into practice what you will be learning. The date and time will be announced by the instructor provided enough class participants are interested. There will be an additional cost paid to the instructor for those who wish to attend.

Instructor: T. Severin				Location: Fan Palm Room
Code	Days	Dates	Time	Fee/Weeks
5121	TH	9/29-11/3	7:00-8:00 p.m.	\$20/6

Dog Obedience

Age: 18+

This class is based on the American Kennel Club Basic Obedience skills—sit, down, come, stay and walking on a loose leash. Your dog can become a well-behaved companion at home and in the community. Dogs must be 5 months or older, must have Distemper, Parvo Vaccinations, and meet Rabies requirements. First night of class will be without dogs and you need to bring proof of all vaccinations.

Instructor: M. Caballero				Location: Gazebo-Central Park
Code	Days	Dates	Time	Fee/Weeks
5938	M	9/12-11/14*	7:00-8:00 p.m.	\$75/9
		*No Class 10/31		

Dance

Line Dance

Age: 18+

Get ready to boot, scoot, and boogie! This class is sure to bring out the country western in you and teach you a variety of line dances. No partner necessary. This dance class is co-sponsored with Cypress Recreation and will be held at the Cypress Senior Center.

Instructor: J. Karter				Location: Cypress SC
Code	Days	Dates	Time	Fee/Weeks
5939	M	9/26-10/24	6:30-7:30 p.m.	\$28/5
5940	M	11/7-11/21	6:30-7:30 p.m.	\$16/3

Two Step & Swing

Age: 18+

Get your feet moving! Learn two-step patterns and East Coast Swing from instructor Janet Karter. Take this class with friends, family, or by yourself as no partner is necessary. This class is co-sponsored with Cypress Recreation and will be held at the Cypress Senior Center.

Instructor: J. Karter				Location: Cypress SC
Code	Days	Dates	Time	Fee/Weeks
5941	M	9/26-10/24	7:30-8:30 p.m.	\$28/5
5942	M	11/7-11/21	7:30-8:30 p.m.	\$16/3

Strictly Ballroom Dance

Age: 18+

Learn to dance for all occasions including weddings in this exciting class. Instructor Janet Karter will instruct students in two dances of their choice: cha-cha, waltz, swing, tango, salsa, or foxtrot. Singles are welcome in this popular class. This class is co-sponsored with Cypress Recreation and will be held at the Cypress Senior Center.

Instructor: J. Karter				Location: Cypress SC
Code	Days	Dates	Time	Fee/Weeks
5943	M	9/26-10/24	8:30-9:30 p.m.	\$28/5
5944	M	11/7-11/21	8:30-9:30 p.m.	\$16/3



Activity Guide

Older Adults

Dance/Singing

Country Line Dancing

Age: 55+

Join this beginner's class to learn the art of country line dancing. Volunteer instructors will guide you through the intricate yet simple steps to many dances. This is a free class. This class is co-sponsored with Cypress Recreation and will be held at the Cypress Senior Center.

Instructor: TBA

Place: Cypress SC

Days	Dates	Time	Fee/Weeks
T	Weekly	12:00-2:00 p.m.	Free

Marsha Roe's Line Dance Class

Age: 55+

This is a fun and energetic class for intermediate line dancers. Improve your skills while learning new dances. Instructor Marsha Roe provides you with instruction and a great time. This class is co-sponsored with Cypress Recreation and will be held at the Cypress Senior Center.

Instructor: Roe

Place: Cypress SC

Days	Dates	Time	Fee/Weeks
M	Weekly	1:00-3:00 p.m.	\$3/Weekly

Karaoke Night

September 16, October 21, November 18, December 16

6:00-9:00 p.m.

Location: La Palma Community Center

Come out for a night of fun with family, friends, and neighbors karaokeing! Show off your singing and dance talents to your favorite music selection!

Fitness

Zumba Gold

Age: 50+

Perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower-intensity. The design of the class introduces easy-to-follow choreography that focuses on balance, range of motion, and coordination. Come ready to sweat, and prepare to leave empowered and feeling strong. Wear comfortable clothes and bring a water bottle.

Instructor: L. Li

Location: Sago Palm

Code	Days	Dates	Time	Fee/Weeks
5945	F	9/9-10/28	9:00-10:00 a.m.	\$40/8
5946	F	11/4-12/9	9:00-10:00 a.m.	\$30/6

Water Fitness

Age: 55+

Water Fitness is a shallow water workout that includes aerobic training to strengthen your heart and lungs; muscle conditioning to strengthen your muscles; and a stretch and relax phase to promote flexibility to reduce stress and tension. This class is taught by the Anaheim Family YMCA and will be held in the indoor, heated therapeutic pool at the La Palma Intercommunity Hospital.

Classes held at 9:00, 10:00 or 11:00 a.m. on Mondays/Wednesdays OR Tuesday/Thursdays OR Fridays. All classes meet 2 times per week and are 50 minutes long. Special Water Fitness Registration forms are available at the Recreation Office in Central Park.

Older Adult Resources

Improving Access to Community and Social

2-1-1 is a free 3-digit telephone number that provides referrals for emergency services, such as food, shelter, child care, services for persons with disabilities, older adults and their caregivers, and alcohol and drug services. This is a much-needed telephone number, which should streamline the point of access for persons in need of emergency services.

Information and Referral

If you or someone you know needs help, call Orange County Senior Information and Referral. This is a program designed to provide seniors access to the available agencies and human services programs that can assist them with their problems, legal information, nutrition programs, and much more. Information and Referral is there to help you and to follow up, if necessary, on any contact that might be made. Call the Orange County Senior Information and Referral Office at 714-567-7500.

La Palma Meals on Wheels

La Palma's Meals on Wheels program was developed to serve nutritionally balanced meals to residents who are physically unable to prepare their own. There are still spaces available to receive meals if you live in La Palma. For more information about the program, please call 714-690-3352.

All Ages

Music

Guitar Lessons

Age: 8+

Have you ever wanted to be a Rock Star? Well, now's the time! Learn to play guitar with Mr. Greg and have fun playing your favorite songs in no time—Beatles, Rolling Stones, Green Day, Weezer and so much more! All levels, all ages welcome so don't delay learn to play! Bring your own guitar. One time \$20 material fee due to instructor on first day of class.

Instructor: G. Daulton		Location: Sago Palm		
Code	Days	Dates	Time	Fee/Weeks
5947	W	9/7-10/26	4:00-5:00 p.m.	\$160/8
5948	W	11/2-12/14*	4:00-5:00 p.m.	\$120/6
*No Class 12/7				

Educational

Practical Chess

Age: 8+

Strengthen your brain... Play Chess! Every Friday night we hold chess tournament games, officially rated by the US Chess Federation. For more information about us and these tournaments, see our website at www.lapalmachess.com.

Instructor: LP Chess Club		Location: Sago Palm		
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Chess Tournaments

Code	Days	Dates	Time	Fee/Weeks
5428	All Four Tournaments	F 9/2-12/30	6:00-11:00 p.m.	\$49/18
5949	Leigh Hunt Memorial	F 9/2-10/14	6:00-11:00 p.m.	\$45/7
5950	Uh Oh, It's the Big One	F 10/21-11/18	6:00-11:00 p.m.	\$40/5
5951	Thanksgiving Recovery	F 11/25	6:00-11:00 p.m.	\$10
5952	Inquisition of Ruy Lopey	F 12/2-12/30	6:00-11:00 p.m.	\$40/5

Fitness

Private Tennis Lessons

Age: 7+

Private & Semi Private Tennis Lessons

Available through McConnell Sports. Coach Linda Pauling, former Whitney High School Coach, USPTA, USPTR developing tournament players in Southern California. Please call (415) 676-9464 to schedule lesson time and then contact Recreation to register and make payment for the lessons.

Traditional Martial Arts

Age: 5 to Adult

Students will learn several martial arts systems, and advanced students may compete in Taekwondo. Our instructors are certified by the Kukkiwon, World Taekwondo Federation, the U.S. Olympic Committee, and are experienced in both traditional martial arts and sports training systems.

There are three course levels—Beginner for first-time students, Intermediate for students with previous experience, and Advanced for the highest level of training. Choose the Beginner course or, if you have previous experience, discuss proper placement with the Senior Instructor before enrolling. This is a continuing program, and students may enroll in as many additional continuing sessions as desired without a contract.

For the most dedicated students, a special weekly package is available at a special price. Training includes one of our Saturday classes (Beginner, Intermediate, or Advanced) in addition to supplemental classes on Tuesdays and Thursdays. Additionally, there is a session discount for continuing students who wish to sign up for all of the classes offered during any one quarter.

New students order a Taekwondo uniform, complete with patches and a white belt from the instructor after enrolling for the first session for a cost of \$45. Advanced students and instructors may wear their own authorized uniforms.

Instructor: L. Amsell		Location: Pygmy/Sago Palm		
Code	Days	Dates	Time	Fee/Weeks
BEGINNER				
5953	SAT	9/3-9/24	9:00-10:00 a.m.	\$45/4
5954	SAT	10/1-10/29	9:00-10:00 a.m.	\$45/5
5955	SAT	11/5-11/26	9:00-10:00 a.m.	\$45/4
5956	SAT	12/3-12/31*	9:00-10:00 a.m.	\$45/4
5957	SAT	9/3-12/31*	9:00-10:00 a.m.	\$160/17
INTERMEDIATE				
5958	SAT	9/3-9/24	10:00-11:30 a.m.	\$45/4
5959	SAT	10/1-10/29	10:00-11:30 p.m.	\$45/5
5960	SAT	11/5-11/26	10:00-11:30 a.m.	\$45/4
5961	SAT	12/3-12/31*	10:00-11:30 a.m.	\$45/4
5962	SAT	9/3-12/31*	10:00-11:30 a.m.	\$160/17
ADVANCED				
5963	SAT	9/3-9/24	11:30-1:00 p.m.	\$45/4
5964	SAT	10/1-10/29	11:30-1:00 p.m.	\$45/5
5965	SAT	11/5-11/26	11:30-1:00 p.m.	\$45/4
5966	SAT	12/3-12/31*	11:30-1:00 p.m.	\$45/4
5967	SAT	9/3-12/31*	11:30-1:00 p.m.	\$160/17
WEEKLY MARTIAL ARTS				
5450	T/TH	9/1-9/29	5:00-6:00 p.m.	\$70/4
	SAT		9:00-10:00 a.m.	
5968	T/TH	10/1-10/29	5:00-6:00 p.m.	\$70/5
	SAT		9:00-10:00 a.m.	
5969	T/TH	11/1-11/29*	5:00-6:00 p.m.	\$70/4
	SAT		9:00-10:00 a.m.	
5970	T/TH	12/1-12/31	5:00-6:00 p.m.	\$70/4
	SAT		9:00-10:00 a.m.	
5971	T/TH	9/1-12/31*	5:00-6:00 p.m.	\$240/17
	SAT		9:00-10:00 a.m.	

*No Class 11/24

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PARK
WASTE & RECYCLING SERVICES

New Registration Software is Here!

The Community Services Department has rolled out a new online registration system through the Active Network, allowing you to register and pay for programs and view facilities for rent all from your computer, tablet or smart phone!

You are now able to create an account online, but don't worry, with a couple clicks and a few taps of the keyboard, you are set up and ready to enjoy the convenience of online registration!

The new system has many great benefits and is extremely easy to use! Search for your favorite program by keyword, age, day, time, location, and more! You may even discover a new program along the way! And if you find a program that isn't open for registration just yet, you can save that class to your Wish List and easily add it to your cart when it opens!

To create an account, go to apm.activecommunities.com/lapalma. If you have any questions please don't hesitate to contact the Community Services Department at 714-690-3350 or Recreation@CityofLaPalma.org.

**DO YOU HAVE
MATH
PROBLEMS?**

**THEN CALL: GARY BROWN
CERTIFICATED & CREDENTIALLED TEACHER**

(714) 821-MATH

MATH TUTORING

**SPECIALIZING IN SECONDARY
MATHEMATICS:**

**ALGEBRA 1, GEOMETRY,
ALGEBRA 2, AND
PRE-CALCULUS**



CORPORATE CONNECTION

Business Sponsor opportunity with the City of La Palma

The City of La Palma provides the opportunity to showcase your business at community events the City hosts throughout the year and in various publications that the City produces.

To learn more about becoming a Corporate Connection Sponsor please contact the Community Services Department 714-690-3350 or visit www.cityoflapalma.org



City & Class Activity Locations

1. Community Services Department – Recreation Division

The Palms at Central Park Community Center

King Palm Queen Palm Sago Palm Pygmy Date Palm

Meals On Wheels (714) 690-3350

7821 Walker Street, La Palma
(714) 690-3350

2. City Hall (714) 690-3300

City Manager (714) 690-3334

Public Works/Water (714) 690-3310

Finance & Water Billing (714) 690-3330

Building & Safety (714) 690-3340

7822 Walker Street, La Palma

3. Police (714) 690-3370

Emergency 911

Fire (714) 527-6722

7792 Walker Street, La Palma

4. La Palma Branch Library (714) 523-8585

7842 Walker Street, La Palma

5. US Tae Kwon Do Center

12233 Centralia, Lakewood

6. Arnold/Cypress Park

8611 Watson Street, Cypress

7. Cypress Senior Center

9031 Grindlay Street, Cypress

8. Cypress Community Center

5700 Orange Avenue, Cypress



9. Martial Arts Fitness Center

9949 Walker Street, Cypress

10. Anaheim ICE

300 W. Lincoln Avenue, Anaheim

11. Ehlers Community Center

8150 Knott Ave., Buena Park

12. Buena Park Community Center

6688 Beach Blvd., Buena Park

13. La Palma Intercommunity Hospital

7901 Walker St., La Palma

La Palma Recreation & Community Services



Creating Unity in Community

Your Recreation Staff

Director	Mike Belknap
Supervisor	Cindy Robinson
Coordinator	jaNell Adams
Specialists	Megan Hana Tamara York
Senior Office Staff	Jill Olivier & Lori Whalen

Recreation Leaders

Brandon Alfajora	Claudia Ayala	Anthony Barrios
Dayzsha Cooks	Robert Gardner	Matt Glasell
Safa Gul	Aaron Milligan	Min Rattanchandani
Haley Sprague		

Preserve, enhance, and promote quality of life and public safety through citizen involvement; fostering human development; strengthening community; and responsible development of reliable and sustainable infrastructure and service.

Register Now!

METHOD OF PAYMENT: We accept cash, checks (made payable to the City of La Palma), money orders, credit cards (credit card fees apply.) If cash is your preferred payment choice, you may pay for your registration when the La Palma Community Services Administrative office is open Monday through Thursday, 7:30 a.m.–6:00 p.m. All other payment options may be used during our Central Park extended hours Monday–Thursday until 10:00 p.m.; 2:00 until 10:00 p.m. on Fridays; and on weekends from 8:00 a.m.–8:00 p.m. Non-Residents will pay an additional \$5 fee per class for classes \$49 and under and \$10 for classes \$50 and over.

ALL RECREATION PROGRAMS ARE FILLED ON A FIRST-COME, FIRST-SERVED BASIS! We encourage advance registration for all our programs. No registrations can be taken at classes, since most instructors need to know their enrollment at least two or three days prior to their starting date.

REFUNDS: Requests for refunds will be honored by Community Services only if they are made at least one (1) day prior to the start of classes. An \$11 processing charge will be deducted from all requested refunds. A full refund will be made only when a class or program is filled or cancelled by Community Services. ABSOLUTELY NO REFUNDS CAN BE GIVEN FOR EXCURSIONS.

Adult/Guardian LAST Name			Adult/Guardian FIRST Name			
Address		Apt	City	Zip Code		
Day Phone		Cell Phone		E-Mail (for Online Class Registration)		
Emergency Contact Name		Emergency Contact Number		Relationship to Participant		
Class Code #	Class Name	Participant Name	Birth Date	Age	Sex	Fee
Non-residents add an additional fee per class:			Class fee up to \$49 = \$5 non-Res Fee Class fee \$50 and over = \$10 Non-Res Fee			
TOTAL PAID						

PAYMENT METHOD (Checks payable to: City of La Palma)				Staff Initial	Receipt #
Circle One: Cash Check # _____ Credit Card Money Order				_____	_____

WAIVER, RELEASE, HOLD HARMLESS AND AGREEMENT NOT TO SUE

I fully understand that participation by the person(s) registered in any City Community Services Program exposes him/her to the risk of personal Injury, death, or property damage. I hereby acknowledge that I am voluntarily having the person(s) registered, participate in the above program and agree to assume any such risks.

I hereby release, discharge and agree not to sue the City of La Palma for any injury, death or damage to or loss of personal property arising out of, or in connection with the participation in any City Community Services Program, by the person(s) registered, from whatever cause, including the active or passive negligence of the City of Palma or any other participants in any City Community Services Program.

The parties to this agreement understand that this document is not intended to release any party from any act or omission of "gross negligence," as that term is used in applicable case law and/or statutory provision.

In consideration for the City of La Palma's acceptance of this registration, I hereby agree to indemnify and hold harmless the City of La Palma, its officers, agents, or employees from any liability or claim or action for damages resulting from or in any way arising out of the participation in any City Community Services Program by the person(s) registered.

Furthermore, I give the City of La Palma, its officers, agents or employees permission to use any related picture, video or electronic images, sounds etc., in the City's promotional materials.

I HAVE CAREFULLY READ THIS RELEASE, HOLD HARMLESS AND AGREEMENT NOT TO SUE AS IT APPLIES TO MYSELF AND TO ANY MINORS FOR WHOM I AM SIGNING, AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT IT IS A FULL RELEASE OF ALL LIABILITY AND SIGN IT ON MY OWN FREE WILL.

X

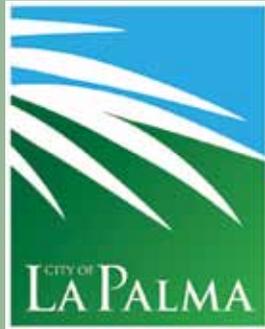
(Parent or guardian must sign for participants under 18 years of age.)

Print name

Date



Postal Customer La Palma, CA 90623



Town Hall Meeting

Monday, September 12 at 7:00 p.m.

Community Center (7821 Walker Street)

The City will hold a Town Hall meeting to provide information to the public regarding the City's financial condition and the steps the City Council has taken over the past several years to address its fiscal crisis. The community is encouraged to attend and provide input.

Halloween Carnival

Monday, October 31, 2016

6:00-8:30 p.m., Central Park

FREE



"You won't want to be late, for this very important date!" Join La Palma's safe, family-oriented alternative to the traditional trick-or-treating! Kids and families can choose from a variety of activities such as the costume contest for infants to 6th graders with special prizes in each age division. This year's Halloween Carnival will feature carnival games, a Tea Party for children under the age of 5, and those who dare to find their way through the Queen of Hearts Haunted Maze.

Community groups, organizations and individuals are invited to operate a carnival booth as a community service project. Your help is greatly appreciated! For more information, please call the La Palma Community Services Department at (714) 690-3350 or go to www.cityoflapalma.org/halloween.

IN THE EVENT OF RAIN, THE CARNIVAL WILL BE CANCELLED

30th Annual

Holiday Tree Lighting Ceremony

Wednesday, December 7

4:00 p.m. – 7:30 p.m.

Central Park Amphitheater



Join your friends and family to this annual holiday favorite! Every year this event brings the La Palma Community together to ring in the holiday season! Enjoy the musical talents from our local schools and join in during the Community Sing Along.

You can also join Santa and his elves in the activities area before the program. The area will feature crafts, an opportunity to write letters to Santa, and of course, the young and young-at-heart won't want to miss an early visit from Santa Claus! For more information please visit www.cityoflapalma.org/treelighting.