



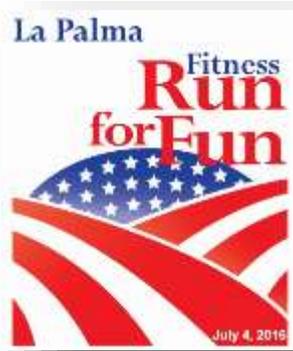
CITY OF LA PALMA

NEWS RELEASE

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For Immediate Release
June 21, 2016

La Palma Fitness Run for Fun - Preregistration Ends Soon



LA PALMA, Calif. – Bring out your family, friends, and neighbors for La Palma's 36th Annual Fitness Run for Fun, Monday, July 4, 2016, starting at 7:30 a.m., near La Palma's Central Park, 7821 Walker Street. This event features a competitive 5K Run, 10K Run, and a 5K Walk. Parents can also introduce their children to the joy of running in the non-competitive Yankee Doodle Dash for participants' ages 2 to 12 years old. Yankee Doodle Dash runners receive an official race bib and a participation medal.

La Palma's Fitness Run for Fun events are a great and healthy way for families to start the Independence Day celebration! Participants are encouraged to register prior to June 26; to receive discounted pricing and commemorative t-shirts. Thereafter, participants must register on race day, starting at 6:00 a.m. For online registration or more information,

please visit www.cityoflapalma.org/RunForFun or call (714) 690-3350.

The Run for Fun would not be possible without the generous support of the City's Corporate Connection Sponsors: Rosendin Electric, EDCO-Park Disposal, and Rutan & Tucker, LLP.

As a reminder, the following streets will be fully closed or partially disrupted on July 4, until approximately 9:30 a.m.:

- Moody Avenue, northbound (Crescent to Houston) starting at 5:00 a.m.
- Crescent Avenue, westbound (Moody to Walker) starting at 5:00 a.m.
- Walker Street (Crescent to Houston) starting at 6:30 a.m.
- Houston Avenue (Walker to Moody) starting at 7:00 a.m.
- Chartres Lane, Toulouse Drive and Orleans starting at 7:30 a.m.

About the City of La Palma

Ranked by Money Magazine in 2015, 2013, 2011 and 2007 as one of America's Best Places to Live, the City of La Palma is a 1.9 square mile general law city in northwest Orange County, consisting of 15,568 residents and approximately 300 commercial and industrial businesses. The City was incorporated in 1955 under the name of Dairyland and has 52 full-time and 35 part-time employees.

Contact Information

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