

La Palma



MOSAIC

Spring 2014



What's Inside

State of the City Luncheon
Annual Spring Clean Up
Spring Day Camp
Activity Guide

City Information

City Hall Hours:

7:30 a.m. – 5:30 p.m. **Monday – Thursday
and Alternating Fridays**

City Council, Successor Agency to the Community Development Commission, and Planning Commission Meetings

are held on the first and third Tuesday of each month. Meetings start at 7:00 p.m. and are open to the public. Agendas are available by calling the City Clerk's office at (714) 690-3334, or on the City's website at www.cityofpalma.org under Agendas and Minutes.

Any person wishing to address the City Council on any matter, whether or not it appears on the agenda, may do so under the Public Communications portion of the agenda. Each individual is allowed five minutes to address the Council. No action will be taken on any items not on the agenda.

Development Committee Meetings are held at 7:30 p.m. on the second Monday of January, March, May, July, September, and November.

Traffic and Safety Committee Meetings are held quarterly at 6:00 p.m. on the fourth Monday of January, April, July, and October.

Community Activities & Beautification Committee Meetings are held at 6:30 p.m. on the second Tuesday of every month, September – June.

All meetings are held in the City Council Chambers at City Hall, located at 7822 Walker Street.

La Palma City Council

Steve Shanahan, Mayor
Peter Kim, Mayor Pro Tem
G. Henry Charoen, Councilmember
Gerard Goedhart, Councilmember
Steve Hwangbo, Councilmember

Calendar of Events



March

- 20 First Day of Spring
- 21 Karaoke Night for Adults – 6:00 p.m.
- 21 Teen Dodgeball Night – 7:00 p.m.
Arnold/Cypress Park
- 31 Spring Day Camps Begin
- 31 Volunteer Applications Available



April

- 1 City Council Meeting – 7:00 p.m.
- 3 State of the City Luncheon – 11:30 a.m.
- 7 Club La Palma Summer Day Camp
Registration Begins
- 15 City Council Meeting – 7:00 p.m.
- 18 Karaoke Night for Adults – 6:00 p.m.
- 22 Arbor Day Celebration – 4:30 p.m.
- 21-25 Bulky Item Spring Clean-up



May

- 3 Teen Battle of the Bands
- 6 City Council Meeting – 7:00 p.m.
- 11 Mother's Day
- 16 Karaoke Night for Adults – 6:00 p.m.
- 20 City Council Meeting – 7:00 p.m.
- 26 Memorial Day, City Office Closed
Ceremony at City Hall – 9:15 a.m.



June

- 3 City Council Meeting – 7:00 p.m.
- 7 Teen Aloha Dance – 7:00 p.m.
- 7-8 Relay for Life – 10:00 a.m.
Buena Park Junior High School
- 14 Flag Day





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A Message From The City

Crystal Clear in 2014

Two developments over the last few months make it easier for you to access information and priorities of the City of La Palma. One is the adoption by the City Council of their 2014 Goals. The other is to make access to official City records available to you 24/7 on our City website.

A real advance in transparency, the City has converted its electronic records management system, Laserfiche, to the web-based program, Laserfiche Weblink. That means that many City documents are now available and searchable anytime through the City's website at www.cityoflapalma.org. On the City's home page, you will notice a new left column "button" entitled Public Records. Simply click on the button to be taken to the Laserfiche Weblink home page where you can click to enter a database of City documents. Staff will be adding more documents to the database over time, including the recent Comprehensive Annual Financial Report for FY 2012-13. Laserfiche Weblink is easy to use for both staff and the public. Try it out and then let us know what you think!

In January, the City Council adopted their goals for 2014. These goals help set the priorities for the organization and are incorporated into quarterly operating reports, budgets, and work plans. They also, as you will see, tie in with the community's values as expressed in its Vision Statement (also available on-line). The goals as adopted by the City Council are:

Receive a Staff plan for a balanced 2014/15 budget by the end of February 2014. The Plan should include:

- All funds including those for infrastructure and facilities;
- Policy for the use of Tesoro revenue;
- No use of reserves for operations;
- Realistic assumptions;
- How the Plan supports a sustainable future; and,
- How labor negotiations will support the goal.

Maintain and Improve Quality of Life through:

- Beautification;
- Continuous improvement of services to the public;
- Maintenance of a strong and effective Police Department;
- Improvement in communications to the public; and,
- Addressing the school district situation (La Palma kids go to La Palma schools).

Approve a General Plan by the end of the fiscal year.

If you have questions or would like to comment on these goals, you can contact the City Council through the website above, or use the Contact Us button on the left of the home page to send a message or question to City staff. Look for progress on these goals in the quarterly reports and in the upcoming budget process for fiscal year 2014-15 and the five year capital improvement plan.

City Council Recap – November, December, January and February

The City Council, which also sits as the governing board of the Planning Commission and Successor Agency to the Community Development Commission, meets on the 1st and 3rd Tuesdays of each month at 7:00 p.m. in the Council Chambers at City Hall. The public is always encouraged to attend and meetings are also audio-cast live on the City's website at www.cityoflapalma.org/media. Please note, this recap is a summary only and additional items may have been discussed and/or approved. For a complete copy of the approved minutes, please visit the City's website at www.cityoflapalma.org/minutes.

November 5, 2013

The City Council introduced an Ordinance repealing and adding new divisions of Chapter 7 of the La Palma City Code, relating to the 2013 Editions of the California Administrative Code; the California Building Code; the California Mechanical Code; the California Plumbing Code; the California Electrical Code; the California Residential Code; the California Energy Code; the California Green Building Standards Code; the California Referenced Standards Code; and the 2012 International Property Maintenance Code. The State of California amends and adopts a model building code approximately every three years. The 2013 California Building Standards Code took effect on January 1, 2014. The City of La Palma adopts this State Standard Codes with amendments, necessary for local conditions.

The City Council also introduced an Ordinance repealing and adding Chapter 9 of the La Palma City Code, relating to the 2013 Edition of the California Fire Code. Similar to the many Building Codes, the City of La Palma also adopts this Statewide Fire Code with amendments, necessary for local conditions as recommended by the OCFA.

November 19, 2013

The City Council received and filed the 1st Quarter Cash and Investment Report for Fiscal Year 2013-14. The total face value amount held in LAIF as of September 30, 2013, was \$7,000,411. In late September \$25,000,000 was withdrawn from the City's LAIF account and was forwarded to PFM Asset Management, an independent SEC-registered investment advisor that manages over \$46 billion for public agencies nationwide. The funds were placed in La Palma's Managed investment account and used to purchase investments.

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The City Council adopted an Ordinance repealing and adding Chapter 9 of the La Palma City Code, relating to the 2013 Edition of the California Fire Code. Similar to the many Building Codes, the City of La Palma also adopts this Statewide Fire Code with many amendments, necessary for local conditions as recommended by the OCFA.

The City Council introduced an Ordinance amending and recodifying, and adopting by reference, the La Palma City Code (2013 Edition) as the Code of Ordinances for the City of La Palma and set a Public Hearing on the matter for December 3, 2013.

December 3, 2013

The City Council awarded a contract in the amount of \$37,900 to IDG Group Inc. for a Seismic Evaluation of the Civic Center Complex. La Palma's Civic Center was built in 1969 and consists of two buildings: City Hall and the Police/Fire Station. The Police Department is the City's designated emergency response center. Immediately following any major event such as civic unrest, fire, or earthquake, the emergency response center is activated and will be the basis for coordinating the City's response to the emergency. As such, it is necessary to ensure that the building will be safe to occupy and fully operational. Due to the age of the facilities and the building codes in effect at the time of their construction, it is necessary to undertake an evaluation of the buildings to determine how the building will perform in the event of a major earthquake.

The City Council adopted an Ordinance recodifying, and adopting by reference, the La Palma City Code (2013 Edition) as the Code of Ordinances for the City of La Palma; and adopted a Resolution approving and adopting the Fee and Penalty Schedule for each of the fees and penalties that were removed throughout the Municipal Code and included in the Code by reference. The City's previous Code was originally adopted in 1976 and has been heavily amended over the years. This project was undertaken to modernize the La Palma City Code, render it consistent with current law and City practices, eliminate obsolete references, and to provide it in a more user-friendly format. The Municipal Code is available online on the City's website at www.cityoflapalma.org.

The City Council received and filed the First Quarter Financial Operating Report and City Council Goals

Update for Fiscal Year 2013-14. Early projections indicate that General Fund expenditures will come in at or below levels approved in the FY 2013-4 budget of \$9.0 million. On the revenue side, General Fund revenues are estimated to likely exceed the forecasted budget amount of \$8.3 million. Continuing focus on resource enhancement and cost containment has and will continue to positively impact the City's financial condition.

December 17, 2013

The City Council formally accepted the work and authorized the Community Services Director to file a Notice of Completion with the Orange County Recorder for the Pavement Rehabilitation of Residential Streets with Asphalt Rubber Overlay Project. In April 2013, the City Council had awarded a contract to R.J. Noble Company of Orange for construction services for the project. The final contract amount is \$759,809, which is 14.3% below the awarded contract amount of \$886,861, because less sub-grade deterioration was discovered resulting in the usage of less asphalt.

The City Council amended their adopted Reserves Policies to add the remaining Special Revenue, Capital and Enterprise Funds. Early in 2013, the City Council adopted a revised reserves policy for the General Fund and adopted new reserve policies for the internal services funds (Insurance, Employee Benefits, Facility Maintenance, Vehicle Maintenance, and Technology). The minimum fund balance targets for any given non-General fund shall be no less than five percent of current revenue unless otherwise specified for the fund.

January 7, 2014

The January 7, 2014, Regular Meeting of the La Palma City Council, La Palma Successor Agency to the Community Development Commission, and the La Palma Planning Commission was cancelled. Instead, the City Council conducted a Special Meeting, regarding City Council Goals for 2014.

January 21, 2014

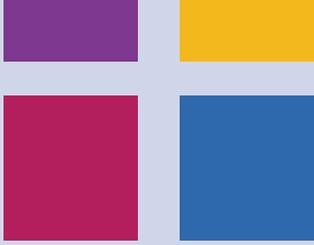
The City Council received and filed the Comprehensive Annual Financial Report (CAFR) of the City of La Palma for the fiscal year ended June 30, 2013. The report includes the Independent Auditor's Report from Vavrinek, Trine, Day & Co., LLP, who expressed an opinion that the financial statements present fairly, in all material respects, the respective financial position of the governmental activities, the business-type activities, each major fund, and the aggregate remaining fund information of the City of La Palma, as of June 30, 2013, and the respective changes in financial position, and, where applicable, cash flows thereof for the year then ended in accordance with accounting principles generally accepted in the United States of America. For the year ending June 30, 2013, the City had General Fund reserves (assigned and unassigned) of \$14.8 million, or 162% of General Fund expenditures. The CAFR document is available for viewing on the City's website at www.cityoflapalma.org/finance.

The City Council formally accepted the work and authorized the Community Services Director to file the Notice of Completion with the Orange County Recorder for the Construction of New Motor Control Center at City Yard Booster Station Project. In March 2013, the City Council had awarded a contract to Pacific Industrial Electric for the Construction of a New Motor Control Center at City Yard Booster Station. The final contract amount is \$84,500, which is 17.2% below the awarded contract amount of \$102,000. The reduction in the final contract amount is due to the utilization of the conduit and wiring that was installed in 2008.

The City Council awarded a contract in the amount of \$33,390 to Pacific Industrial Electric for the Installation of the Emergency Electrical Generator at the City Yard. In May 2013, the City Council approved the award of contract to Quinn Power Systems for the purchase of the Emergency Electrical Generator with an expected delivery in March 2014. Over the past two years the City Yard Facility has suffered three major power outages. The City Yard Facility and Booster Pump Station serve as the storage and staging area for Public Works and provide the City of La Palma with over 258 million gallons of water per year.

The City Council awarded a contract in the amount of \$30,705 to AES Water, Inc. for the installation of the Seismic Actuated Valve at the Walker Well Reservoir. The installation of a Seismic Actuated Valve at the reservoir would enable immediate control of water flow in the event of a terrorist attack or damaging earthquake. The instrumentation within the Seismic Actuated Valve system measures forces to which the water reservoir is exposed to and can immediately perform a shut-down of the water reservoir. If critical infrastructure is severely damaged, water conservation is crucial and it starts at the potable water storage sites. In July 2012, a similar valve was installed at the City's other reservoir.

The City Council approved their Goals for 2014. The City Council had previously met on January 7, 2014, in a work session to develop goals for the coming year. The priority



Community | Get Involved

City Council Recap, continued

goals are to: receive a staff plan for a balanced 2014/15 budget by the end of February 2014; maintain and improve quality of life in the community; and approve a General Plan by the end of the fiscal year. For more details, see article on page 2.

February 4, 2014

The City Council authorized the purchase of two replacement Police Department patrol vehicles. The replacement vehicles will be 2013 model year Dodge Charger Police sedans. The purchase of these two vehicles will be made in conjunction with the Los Angeles City Cooperative Purchase Bid. The total cost to purchase and outfit these police vehicles with emergency equipment is \$70,000.

The City Council appropriated funds from the Capital Improvement Plan (CIP) Water Master Plan to implement the Sedaru Utility Management Software Project; approved an award of contract in the amount of \$46,820 to ID Modeling, Inc. for hydraulic model development, GIS layer creation, software subscription and implementation for the Sedaru Utility Management Software; and approved the award of a contract in the amount of \$56,100 to Concord Utility Services, Inc. for the geolocational data collection of approximately 5,800 assets. The Sedaru Utility Management software program will provide: field access to accurate GIS maps of the water system; a method to capture and update field level data on water system infrastructure including valve and fire hydrant operation, maintenance records, damage reports, repairs and improvements; field access to water meter data collected by our Neptune AMI system; enhanced real time organizational communication and documentation via real time two-way communication between all users from field level operators to administrative office staff; and real-time work order tracking and dissemination.



2014 La Palma State of the City Luncheon

Featuring
Mayor Steve Shanahan

Thursday, April 3, 2014

11:30 a.m.

JPIA

8081 Moody Street, La Palma

Community Blood Drive

The American Red Cross Club at John F. Kennedy High School, in collaboration with the City of La Palma, is hosting a community blood drive on Tuesday, June 3, 2014 at the Community Center (7821 Walker Street).

Every two seconds someone in the United States needs blood, by donating blood you could be a life-saving contributor. Don't miss out on this great opportunity, and support the many people out in the world that need your help.

To be a blood donor you must be at least 16 years of meet certain height and weight requirements. For more information on the requirements to donate or to make an appointment please visit redcrossblood.org and search sponsor keyword "KennedyHS."

La Palma's Fitness Run For Fun – Volunteers Needed



This year La Palma will be conducting the 34th Fitness Run for Fun. This annual event continues to attract participants from all over the Southland. To continue this successful patriotic event we need over 100 volunteers to staff the 3.1 mile course every year!

The Fitness Run for Fun which includes a 5K & 10K run along with a 5K walk begins at 7:30 a.m. sharp and a Yankee Doodle Dash at 8:30 a.m. on Friday, July 4th. What a healthy way to start the weekend of Independence Day with your family and friends.

You can become an important part of this 34th Fitness Run for Fun by getting involved to make this great event successful. There are several opportunities available. Call the La Palma Community Services Department at (714) 690-3350 for more information.

Upcoming Budget Public Hearings

The City Council has begun the Fiscal Year 2014–2015 budget development process. This is always an important undertaking, and the process for this subsequent fiscal year takes on added importance given the numerous challenges facing the City.

Resident input is always encouraged and welcomed. The schedule below lists the City Council dates where the public will have the opportunity to engage in the budget development process. The dates listed below are all regular City Council meeting dates.

April 1 Presentation of proposed Capital Improvement Program (CIP) for FY 2014–15 through FY 2018–2019

May 6 Preliminary General Fund budget presented, reviewed and discussed

May 20 Proposed FY 2014–15 budget presented, department presentations and overviews

June 3 Public Hearing to consider adoption of FY 2014–15 budget

Wise Advice

Written by: Janna Lee, Water Quality Inspector



Janna Lee is the contracted Water Quality Inspector for the City. She is a UCLA graduate majoring in Environmental Sciences

One of the best reasons of living in La Palma is the Pacific Ocean is just a few miles away. If you and your family enjoy the beach, be sure to do your part to protect that environment starting at home.

Materials we use in our home, cars and businesses such as motor oil, paint, pesticides, fertilizers and cleaners may find their way into the street. With just a little water from rain or a garden hose, materials can be swept up with the water as it flows down the street and into a storm drain. From the storm drain, it enters a storm drain pipe (the catch basin inlets

on almost every street and parking lot) where it can eventually empty into the ocean. This type of pollution, called storm water & urban runoff pollution is a serious threat to the cleanliness of beaches and the ocean of Southern California.

What is storm water and urban runoff pollution?

Storm water runoff refers to seasonal rainfall flows that result in water draining off paved areas. Urban runoff can happen anytime of the year when excessive water use from irrigation, car washing and other sources carries litter, lawn clippings and other urban pollutants into storm drains. Even automobile leaking motor oil 20 miles inland can still pollute the ocean.

What are potential sources of pollutants?

- Automotive leaks and spills
- Improper disposal of used oil and other engine fluids down the storm drain

- Metals found in vehicle exhaust, weathered paint, rust, metal plating and tires
- Pesticides, herbicides and fertilizers from lawns gardens and farms
- Improper disposal of cleaners, paint and paint removers
- Soil Erosion and dust debris from landscape and construction activities
- Litter, lawn clippings, animal waste and other organic matter
- Oil stains on parking lots and paved surfaces
- Pet waste
- Household chemicals, detergents, cleaners, etc.
- Food waste
- Car washing detergents

Why does it matter?

It matters because we all like to keep our oceans, creeks and beaches clean and maintain healthy wild and marine life. Polluted storm water and urban runoff pollution have a serious impact on water quality in Orange County. These pollutants will harm marine life as well as coastal and wetland habitats. It can also degrade recreation areas such as beaches, harbors and bays.

What can you do?

Make sure you do not allow pollutants from going into the storm drains. Before spraying water from a garden hose, washing your car or pouring anything into the storm drain down the street, stop and think! Storm drains go directly into channels and creeks and eventually empties to the ocean.

Information about best management practices for pollution prevention is available at the City Hall, the City's website, cityoflapalma.org, and the Orange County watershed website, ocwatersheds.com.

A New Program for Improvements

Written by: Benjamin Jen, Administrative Intern

Today's technology provides property owners many options for making energy efficiency improvements to their property. There are also many ways to finance energy efficiency improvements and one more approach has been added to the list of choices for La Palma.

On October 1, 2013, the HERO program had been approved to operate within the City of La Palma. HERO is a financing program which allows property owners to enter into voluntary contractual assessments to finance the installation of distributed generation renewable energy sources, energy efficiency, and/or water conservation improvements that are permanently fixed to real property. The financing for these improvements has come to be known as PACE, which stands for Property Assessed Clean Energy.



Benjamin Jen is a Cal State Northridge graduate, with a degree in Environmental Studies and a La Palma resident who volunteers at the City.

Property owners who wish to participate in the Program agree to repay the amount borrowed through the voluntary contractual assessment collected together with their property taxes. This financing is available for eligible improvements on both residential and non-residential properties. A property owner can enjoy the benefits of their energy efficiency improvements now and spread the payments out over time on their property taxes.

To find out if you are eligible for a HERO improvement on your property, first complete an application online (www.HEROprogram.com) or over the phone (855-HERO-411). Property owners may also apply through their HERO-approved contractor. Once you know how much your home is eligible for, select the products and contractor that are the right fit for your home energy project. Before you begin work, remember to sign and return your HERO Financing Documents. The HERO staff will guide you step-by-step and are always available to contact for questions.

Your Community Plan

Written by: Scott Hutter, Associate Planner

If you were ever asked to describe a “city” to someone how would you do it? What images come to mind? A Central Park? A business district? Housing tracts? Subways? A Zoo? A downtown main street? Now, if you were to ask a City Planner to describe a “city” the first thing that would come to their mind is Zoning Codes, Land Uses, and most important of all, the General Plan.



Scott Hutter

What is a General Plan? Simple, it contains the communities’ goals and policies for a variety of important topics called “elements”. La Palma has eight of them, seven of which are mandatory per the State of California. These elements include such topics as Housing, Public Safety, Open Space and Land Use. La Palma’s elements are simplified in structure and reflect a consolidated approach, with the eight elements divided up under four general chapters, which are: The City Structure, Community Safety, Housing, and Growth Management.

The current General Plan, written in 1999 has been undergoing an update with the goal of using the existing General Plan Goals and Policies. Like the old saying goes “if it ain’t broke, don’t fix it” We know La Palma’s plan works and works very well. No better example than the recognitions’ La Palma received from Money Magazine being named as one of the top 100 best places to live in America. That said, there still are emerging issues such as recent State laws regarding green house gas reductions requirements and emerging technology that have arisen since 1999 which need be addressed in the city plan.

Cities are required to adopt a General Plan by State Law and complete periodic updates (10 years) and 1999 was over 10 years ago. The initial drive for public outreach and input has been a resounding success with the City holding 5 times more public meetings and workshops than were held in the 1999 update. We have reached out to the community and you have spoken. Your valuable input has been received and a full and complete draft of La Palma’s next General Plan is in the works.

The draft, when completed, along with environmental impact analysis (known as an “EIR”) will be made available for all digitally on your website at: WWW.CITYOFLAPALMA.ORG/GENERALPLAN and in hard copy form at City Hall, the Community Center, and the Library for serious public review and scrutiny. La Palma is your City, when you describe it, the images that come to mind should reflect what you envision it to be. Together we can shape our vision for La Palma’s future to ensure it remains one of the top best places to live in the United States.

Flat Stanley Helps Kids Be Safe Online

The Department of Homeland Security’s (DHS) Stop.Think.Connect. public awareness campaign is joining the Flat Stanley Project to help kids learn the importance of cyber security. By downloading and using the Flat Stanley Application, kids will be able to create their own “Flat Stanley” and “Flat Stella” character and send it on a tour of the Internet to learn about staying safe online and helping spread the word about cyber security.

The Flat Stanley App can be useful for kids, parents and teachers to start a discussion about online safety. Children will find simple tips in the application that encourages them to:

- Be careful about what information they share;
- Avoid sharing passwords with anyone except their parents; and
- Never talk to strangers online or agree to meet someone in person.

With kids spending more time than ever before on the Internet and social media, the partnership with the Flat Stanley Project allows the Department to further its efforts to raise cyber security awareness among young Americans.

To learn about what DHS is doing to keep kids safe online and for other cyber security tips, please visit www.dhs.gov/stophinkconnect

La Palma Teens Attend the Police Explorers Academy

The Orange County Law Enforcement Explorer Advisor Association (OCLEAAA) held its bi-annual Explorer Academy starting in February with graduation on February 17, 2014. The Academy is designed as a five day, intensive academy, similar to a police academy, to train Police Explorers in physical fitness and a number of police related topics. The academy attendees attend classes on criminal law, traffic laws, food and nutrition, gangs, domestic violence, police communications; police report writing, customs and border protection, as well as a number of other police related topics. The academy attendees also are treated to demonstrations in air support (police helicopters), SWAT (Special Weapons and Tactics), K9 (police canine) operations, and bomb squad operations. Upon graduation the attendees are certified as Police Explorers and can work alongside local police officers.

The La Palma Police Department’s Explorer Post 437 is open to young men and women, 14 – 20 years of age, in good academic standing with their respective schools, who are desirous of learning more about a career in law enforcement. Please contact Corporal Les Parsons at (714) 690-3385 for further information about the Police Explorer Program.

Community | Pride

Annual Spring Clean-up

April 21 – April 25

The “Annual Bulky Item Spring Clean-up” for large household and yard items will be conducted the week of April 21 through April 25, 2014. Collection will occur on your normal trash collection day and items must be placed near the curb. While this clean-up event includes the removal of most large or bulky items, please note the following types of items cannot be collected:

- Tree branches longer than four feet (please cut them down to smaller sizes).
- Construction materials including: concrete, asphalt, dirt, rocks, sod, etc.
- Automobile-related items including: motor oil, auto parts, engines, tires, etc.
- Household hazardous waste including: all batteries, fluorescent light bulbs, paints, pesticides, etc.
- E-Waste items including: TVs, computers, monitors, VCR/DVD players, etc.

For information regarding the proper disposal of Household Hazardous Waste or E-waste items, please visit the City’s website at www.cityoflapalma.org/recycling; some of these items can be collected as part of the City’s curbside special waste collection program. If you want to know whether a specific item can be collected as a part of the annual clean-up event or through the special waste collection program, please call Park Disposal directly at (714) 522-3577.

Relay for Life

Help Finish the Fight Against Cancer During Relay For Life of Buena Park and La Palma

Join the American Cancer Society’s Relay For Life of Buena Park and La Palma on June 7 – 8, 2014, at Buena Park Jr. High School from 10:00 a.m. – 10:00 a.m. and help finish the fight against cancer. This overnight event celebrates cancer survivors, remembers those we have lost and provides the community with an opportunity to unite and fight back against this disease. You can join the fight against cancer by visiting www.relayforlife.org/buenaparklapalma to register. Funds raised through Relay For Life support the American Cancer Society’s efforts to make this cancer’s last century. For more information on Relay For Life of Buena Park and La Palma, visit or contact Taryn McDonald at (714) 875-9959 or BuenaParkLaPalmaRelay@gmail.com.



Home Spotlight

Spring 2014 Home Spotlight Award Winner

The City of La Palma would like to congratulate residents Ray and Norma Grable of 5441 Marview Drive for winning the 2014 Spring Home Spotlight Award!



Ray and Norma Grable have called La Palma home for the past 28 years. They were selected for the Home Spotlight Award due to their immaculate care of their front lawn and home exterior. Ray and Norma have updated their home by adding brick work to their drive way and other areas of their home. Their landscape has a variety of flowers, plants and trees and it is kept well manicured throughout the year. The Grables enjoy decorating the outside of their home for the holidays with decorations in addition to adding unique touches to their front lawn, such as the stone work of owls. They are honored to have received the Spring Home Spotlight award.

Proud, diligent homeowners are the heart of strong, safe neighborhoods and a vibrant city. By keeping La Palma beautiful, residents like these are one of the many reasons why La Palma has been named one of the best places to live in the United States! We thank Ray and Norma for contributing!

If you’d like to nominate a home for the Home Spotlight Award, please contact (714) 690-3350 or visit CityofLaPalma.org/HomeSpotlight.



Activity Guide

Preschool / Toddlers

Educational

Tiny Tots

Age: 3 – 5

Our preschool teacher Ms. Andi teaches our enrichment program for POTTY-TRAINED (No diapers or pull-ups), 3 to 5 year-olds. The Tiny Tots program is dedicated to improving the well-being of all young children, with a focus on socialization, education and developmental skills. These skills are taught through games, stories, crafts, physical fitness activities and playtime. Each 7-week session will also include a parent-participation excursion to a local place of interest. EACH CHILD MUST BE ABLE TO COMPREHEND AND SPEAK ENGLISH IN ORDER TO BE ADMITTED INTO CLASS.

The Tiny Tot program is held 5 days a week with the Monday, Wednesday and Friday class being geared to the older 4- and 5-year-olds preparing for kindergarten. The Tuesday and Thursday class will be geared for the newer and younger 3- and 4- year-olds.

Priority Registration will be given to previous session participants enrolling in our fifth session. Priority registration runs from April 7-11. Open registration for the fifth session begins Saturday, April 12.

No phone-in or online registration will be accepted. If class minimum of 12 participants is not met, the class will be cancelled.

Fees: Residents \$140 for 7 weeks on M/W/F \$ 99 for 7 weeks on T/Th
 Non-Residents \$155 for 7 weeks on M/W/F \$114 for 7 weeks on T/Th

Class space is limited. 24 students per class

Instructor: A. Terry

Location: Pygmy Room

Code	Days	Dates	Time
11200	M/W/F	4/21-6/6*	9:00 a.m.-12:00 p.m.
11201	T/TH	4/22-6/5	9:30-11:30 a.m.

*No class on 5/26

Camp Tiny Tots

Age: 3 – 5 (Pre-K)

This fun and exciting program is designed for the younger campers, ages 3 to 5 to keep them active this spring. Camp Tiny Tots is filled with games, crafts, songs, special activities, physical fitness, and parent-participation excursions. Campers need to bring their lunch each day and must be potty trained. An optional parent-participation excursion to Newport Landing for Whale Watching will be held on Friday for Tiny Tots in camp (this excursion is an additional \$11 per person). There is a \$15 non-resident fee for each camp.

Instructor: A. Terry

Location: Pygmy Room

Code	Days	Dates	Time	Fee/Weeks
11206	M-TH	3/31-4/4	9:00-1:00 p.m.	\$40/1

Excursion: Newport Landing Whale Watching

Dance

Parent & Me Ballet & Tap

Age: 2 – 3

Help your child develop self-confidence and poise through the art of dance! This class is designed to teach the fundamentals of ballet and tap. One class fee covers one child and one adult. Adult participation is required and attending children must be registered for class.

This class is co-sponsored with Buena Park Recreation and will be held at the Ehlers Recreation Center, 8150 Knott Avenue.

Instructor: High Fidelity Entertainment

Location: Ehlers Recreation Center

Code	Days	Dates	Time	Fee/Weeks
11359	T	4/29-6/17	5:15-6:00 p.m.	\$52/8

Music/Art

Young Rembrandts Preschool Drawing

Age: 3.5 – 5

April showers bring May flowers and springtime is the right time to sign up your preschooler for a Young Rembrandts class! We will begin our adventure with an imaginary trip to the hardware store as we illustrate and learn about different tools. We'll continue to stomp away springtime boredom as we draw and color a mighty dinosaur. The sky is the limit as we draw a colorful, patterned butterfly and we'll soar to new heights with our fantastic kite drawing. There's no better time than now to enroll your student!

Instructor: Certified Young Rembrandts Instructor

Location: Fan Palm Room, Central Park

Code	Days	Dates	Time	Fee/Weeks
11377	M	4/7-4/28	3:00-3:45 p.m.	\$48/4
11378	M	5/5-6/9*	3:00-3:45 p.m.	\$60/5

*No Class on 5/26

Babies Love Music

Age: 4 – 14 mos.

A fun and interactive play time with your 4-14 month old baby, NOT YET WALKING! We learn lap songs, finger plays, peek-a-boo, and play rhythm instruments and drums. Along the way your baby gains vocabulary, motor and listening skills, social and cognitive development, and fun with you! Class content changes each session. Please bring a baby blanket. There is an optional materials fee for a music CD "Baby and Me" (\$10), rhythm instrument (\$6 or \$7), peek-a-boo scarf (\$5) or all of the mentioned for \$20.

This class is co-sponsored with Cypress Recreation and will be held at the Cypress Community Center, 5700 Orange Avenue.

Instructor: K. Greeno

Location: Cypress CC

Code	Days	Dates	Time	Fee/Weeks
11364	TH	5/1-5/29*	3:30-4:00 p.m.	\$48/4

*No Class on 5/15



Toddlers Love Music

Age: 1 – 2 years old

Perfect for the active toddler! Mix together singing, dancing, rhythm band activities, drum and xylophone playing. We keep the children active and engaged in this shortened version of Kids Love Music class! Class content changes each session. There is an optional materials fee for a music CD "It's Music Time Again" or "Sing with Me" (\$10), rhythm instrument (\$6 or \$7), peek-a-boo scarf (\$5) or all of the mentioned for \$20.

This class is co-sponsored with Cypress Recreation and will be held at the Cypress Community Center, 5700 Orange Avenue.

Instructor: K. Greeno				Location: Cypress CC	
Code	Days	Dates	Time	Fee/Weeks	
11365	TH	5/1-5/29*	4:15-4:45 p.m.	\$48/4	
*No Class on 5/15					

Kids Love Music

Age: 1 – 4

Join us for a fun time with your child! Sing, dance and play with puppets and rhythm instruments. Class ends with a free flow music time using xylophones, glockenspiels and drums! Along the way, we encourage creativity, motor and listening skills, social and cognitive development and fun with you! Class content changes each session. There is an optional material fee for a music CD "It's Music Time Again" or "Sing with Me" (\$10), rhythm instrument (\$6 or \$7), peek-a-boo scarf (\$5) or all of the mentioned for \$20.

This class is co-sponsored with Cypress Recreation and will be held at the Cypress Community Center, 5700 Orange Avenue.

Instructor: K. Greeno				Location: Cypress CC	
Code	Days	Dates	Time	Fee/Weeks	
11366	TH	5/1-5/29*	5:00-5:45 p.m.	\$48/4	
*No Class on 5/4					

Fitness

TriFyftt: Multi Sport

Age: 2 – 5

Here is a great chance for kids to play their favorite sports (soccer, t-ball and basketball) all at one class! This class is designed to motivate children to be active and healthy while giving them the fundamental skills needed to succeed and grow in whichever sport they choose. Every child will be given a t-shirt. The 2-3 age is a Parent and Me Multi Sport class.

Instructor: Trifyftt Sports				Location: Central Park	
Code	Age	Days	Dates	Time	Fee/Weeks
11367	2-3	TH	5/1-5/29	5:30-6:00 p.m.	\$55/5
11368	3-5	TH	5/1-5/29	6:00-6:45 p.m.	\$55/4

Anaheim ICE: Parent and Me Skating

Age: 3 – 5

What a great opportunity to bond with your child as you both learn to skate in a fun and relaxed atmosphere. One parent and one child per class. The fee includes skate rental, lessons, free practice on day of class, and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the first class and dress warm.

This class located at Anaheim ICE, 300 W. Lincoln Ave, Anaheim (714) 518-3212.

Instructor: Anaheim ICE Staff				Location: Anaheim ICE	
Code	Days	Dates	Time	Fee/Weeks	
11369	T	4/1-4/29*	12:30-1:00 p.m.	\$39/4	
11370	SAT	4/5-5/3*	11:45-12:15 p.m.	\$39/4	
11371	T	5/6-6/3*	12:30-1:00 p.m.	\$39/4	
11372	SAT	5/10-6/7*	11:45-12:15 p.m.	\$39/4	
*No Class 4/19, 4/22, 5/24, 5/27					

Anaheim ICE: Skating for Tots

Age: 3 – 5

Join the fun at Anaheim ICE! Beginning ice skating made fun and easy. Learn to march, glide, fall down and get up properly. Class includes skate rental, lessons, free practice on day of class, and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the first class and dress warm.

This class located at Anaheim ICE, 300 W. Lincoln Ave, Anaheim (714) 518-3212.

Instructor: Anaheim ICE Staff				Location: Anaheim ICE	
Code	Days	Dates	Time	Fee/Weeks	
11373	W	4/2-4/30*	4:30-5:00 p.m.	\$39/4	
11374	SAT	4/5-5/3*	11:45-12:15 p.m.	\$39/4	
11375	W	5/7-6/4*	4:30-5:00 p.m.	\$39/4	
11376	SAT	5/10-6/7*	11:45-12:15 p.m.	\$39/4	
*No Class 4/19, 4/23, 5/24, 5/28					

Swimming Safety and Beginning Swim Lessons for Children

Age: 6 mos – 8 yrs

A fun and safe way to make a splash! Participants will gain lifelong confidence in and out of the water. Classes are taught by the Anaheim Family YMCA and are held at the indoor, heated pool at the La Palma Intercommunity Hospital. Classes teach basic water skills. Due to pool size restrictions, all levels are designed for the non-swimmer or very beginning student.

Sessions are 3 weeks long and classes are held on Tuesday and Thursdays for 35 minutes long.

Special registration forms are available at the Community Services Office.

Session 1 – 3/18-4/3

Session 2 – 4/8-4/24

Session 3 – 4/29-5/15

Session 4 – 5/20-6/5



Activity Guide

Youth

Educational

Math Competition Prep Class

Age: 9 – 14

Math Competition Prep Class prepares students for better results in various competitions such as Math Kangaroo, Math Counts, math Field Day, NMSC, and AMC 8. Students will solve questions similar to many mathematics competitions and receive help on solving skills and strengthening foundation of their knowledge. Students will be exposed to many different ways to solve problems and increase creativity as a result.

Instructor: Young Leaders of Orange County			Location: Sago Palm	
Code	Days	Dates	Time	Fee/Weeks
11379	SAT	4/5-4/26	2:30 – 4:00 p.m.	\$49/4
11380	SAT	5/3-6/14*	2:30 – 4:00 p.m.	\$60/6
*No Class on 5/10				

Dance

Beginning Ballet and Tap

Age: 4 – 7

The self-discipline of Tap and Ballet can improve focus and concentration in school and other sports. Dancing is a legitimate form of exercise and an educational quest which promotes the joy of self-expression. Students will learn classic positions, jumps, turns, and dances. This is an excellent way for your child to gain confidence, poise and increase flexibility. Ballet and tap shoes required.

Instructor: A. Valley			Location: Sago Palm	
Code	Days	Dates	Time	Fee/Weeks
11381	T	4/1-4/22	4:30-5:30 p.m.	\$35/4
11382	T	5/6-5/27	4:30-5:30 p.m.	\$35/4
11383	T	6/10-6/24	4:30-5:30 p.m.	\$30/3

Jr. Jazz and Ballet

Age: 7 – 12

Students will learn basic ballet technique and will learn fun and exciting routines in the style of jazz. Dancing promotes a healthy lifestyle, self expression, and leads to academic success. Ballet shoes required.

Instructor: K. Smith			Location: Sago Palm	
Code	Days	Dates	Time	Fee/Weeks
11384	T	4/8-4/29	6:30-7:30 p.m.	\$35/4
11386	T	5/6-5/27	6:30-7:30 p.m.	\$35/4
11385	T	6/10-6/24	6:30-7:30 p.m.	\$30/3

Music/Art

Young Rembrandts Cartooning

Age: 5 – 13

Does your child have a great sense of humor to complement his or her artistic skills? If so, you child will LOVE a Young Rembrandts Cartoon class. Our students will learn how to personify inanimate objects, as they breathe life into everyday clocks. Popular pets will also see the cartoon treatment as they're transformed into colorful characters. Then we will imagine ourselves traveling to far away worlds as we illustrate amazing alien beings. We will also demonstrate to our students that drawing toys can be just as much fun as playing with them. All this and more await our students. Enroll your student today!

Instructor: Certified Young Rembrandts Instructor			Location: Fan Palm Room	
Code	Days	Dates	Time	Fee/Weeks
11387	M	4/7-4/28	4:45-5:45 p.m.	\$48/4
11388	M	5/5-6/9*	4:45-5:45 p.m.	\$60/5
*No Class on 5/26				

Young Rembrandts Elementary Drawing

Age: 5 – 13

Its spring time and that can mean only one thing: SPRINGTIME DRAWING WITH YOUNG REMBRANDTS! If your children are baseball fans, they will love our baseball still life lesson. Learning about warm colors and cool colors will be the focus as our artists draw a detailed exterior of a house. We'll also learn about legendary artist Edward Hopper as we recreate one of his masterpieces. Finally, we'll take an imaginary trip to Japan and learn about the artistry of the kimono. Sign up for classes today!

Instructor: Certified Young Rembrandts Instructor			Location: Fan Palm Room	
Code	Days	Dates	Time	Fee/Weeks
11389	M	4/7-4/28	3:45-4:45 p.m.	\$48/4
11390	M	5/5-6/9*	3:45-4:45 p.m.	\$60/5
*No Class on 5/26				

Upcoming Summer Camps

- Lego Camp
- Crazy Chemworks
- Harry Potter
- Robots
- Camp Katniss
- Nasa Jr.
- Percy Jackson Camp
- Ninjaneering Lego Camp
- Secret Agent Lab
- Earth is our Habitat
- Science of Sports
- ... more!



Fitness

Lil' Tigers Karate

Age: 4 – 7

Do you want your child to develop better social skills and understand the concept of "teamwork"? This program is developed specifically for preschool age children through age 7. It is designed to improve children's motor skills and enhances their ability to pay attention and follow directions.

Martial arts uniform is required and will be available at the first class meeting.

This class located at the Martial Arts Fitness Center, 9949 Walker Street, Cypress.

Instructor: A. Jafari

Location: MA Center

Code	Days	Dates	Time	Fee/Weeks
11392	W/F	4/2-4/18	3:30-4:30 p.m.	\$40/3
11393	W/F	5/2-5/21	3:30-4:30 p.m.	\$40/3
11394	W/F	5/28-6/13	3:30-4:30 p.m.	\$40/3

TriFyftt: Multi Sport

Age: 5 – 8

Here is a great chance for kids to play their favorite sports (soccer, t-ball, basketball) all at one class! This class is designed to motivate children to be active and healthy while giving them the fundamental skills needed to succeed and grow in whichever sport they choose. Every child will be given a camp shirt.

Instructor: Trifyftt Sports

Location: Central Park

Code	Age	Days	Dates	Time	Fee/Weeks
11395	5-8	TH	5/1-5/29	7:00-7:45 p.m.	\$55/5

Fit N Fun After School Drop-in Program

Fit N Fun is halfway through another great year! If your child doesn't already go to Fit N' Fun, come join us for some fun! Fit N Fun is a free drop in program for students in grades 1st – 6th at Miller, Luther and Los Coyotes Elementary Schools. Trained Recreation Staff visit each school site three days per week. Fit N Fun is committed to enhancing interpersonal skills, increasing physical fitness levels and providing quality role models through games, crafts, fitness activities, snacks and much more! Supervision is provided from the time school ends until 3:45 p.m. even on minimum days! Don't miss out on the fun and excitement. For more information please call (714) 690-3350.

Miller Elementary: Mondays, Tuesdays, and Thursdays

Luther Elementary: Tuesdays, Wednesdays, and Thursdays

Los Coyotes Elementary: Mondays, Wednesdays, and Fridays

Club La Palma Spring Day Camp

Location: Royal Palm Room, Central Park

Greetings parents! Need a fun and safe environment for your kiddos this spring break, March 31 – April 4, 2014? Club La Palma counselors are dedicated to lead exciting outdoor games, cool crafts, and building lasting friendships all centered on the theme, "Sea Adventures!" Day Camp is designed for ages 5 – 12, and will be held Monday through Friday from 6:30 a.m. to 6:00 p.m. The all inclusive fee of either \$129 for residents or \$144 for non residents includes an enjoyable excursion (Thursday, April 3) to the Aquarium of the Pacific. Registration forms are available now.

Code	Days	Dates	Time	Fee/Weeks
11207	M-F	3/31-4/4	6:30-6:00 p.m.	\$129/1

Club La Palma Summer Day Camp

Location: GB Miller Elementary School

Summer is just around the corner, what perfect way to start it, by joining Club La Palma Day Camp! At day camp our campers eagerly anticipate our jam packed activities and thrilling excursions such as La Mirada Splash, Leeway Sailing Center, Newport Dunes, and Seaside Lagoon. Participants also swim once a week, create fun and imaginative arts and crafts, play indoor and outdoor games all while making new friends. Now that sounds like a memorable summer!. The first day of camp will be June 16, 2014. More information and registration forms will be available on Monday, April 7





Activity Guide

Youth / Teens

Dance

Hip Hop After Homework

Age: 5 – 19

In this class, students will be trained in popular Hip-Hop dance moves and choreography which will develop their coordination and cardiovascular fitness while also building their self-esteem. After one five-week session the student will be prepared for simple freestyle and to perform some basic choreography.

Instructor: M. Jacob

Location: Sago Palm

Code	Age	Days	Dates	Time	Fee/Weeks
Beginners					
11399	5-13	TH	4/3-5/1	5:30-6:15 p.m.	\$55/5
11403	5-13	TH	5/8-6/12	5:30-6:15 p.m.	\$60/6
Intermediate					
11400	5-13	TH	4/3-5/1	6:15-7:00 p.m.	\$55/5
11402	5-13	TH	5/8-6/12	6:15-7:00 p.m.	\$60/6
Advanced					
11401	8-19	TH	4/3-5/1	7:00-7:45 p.m.	\$55/5
11404	8-19	TH	5/8-6/12	7:00-7:45 p.m.	\$60/6



Fitness

Junior Karate

Age: 8 – 14

Karate at the Martial Arts Fitness Center is an excellent confidence booster for kids. Their training will encourage them to draw on their own strengths and strive for their personal best. Students will be involved in positive activities that will direct their focus to achieve goals that may not have been thought possible. Emphasis will be on developing your child's self-esteem, self-discipline and confidence through practicing traditional karate techniques.

Martial arts uniform is required and will be available at the first class meeting.

This class located at the Martial Arts Fitness Center, 9949 Walker Street, Cypress.

Instructor: A. Jafari

Location: MA Center

Code	Days	Dates	Time	Fee/Weeks
11406	T/TH	4/1-4/17	4:30-5:30 p.m.	\$40/3
11407	T/TH	5/1-5/20	4:30-5:30 p.m.	\$40/3
11408	T/TH	5/27-6/12	4:30-5:30 p.m.	\$40/3

Junior Tae Kwon-Do

Age: 8 – 14

Tae Kwon-Do at martial Arts Fitness Center is not only a great way to exercise but it is also a great way for students to learn self-control, improve study habits and increase concentration skills. Students learn a variety of techniques that will allow them to better handle physical and emotional challenges of life. Martial arts uniform is required and will be available at the first class meeting.

This class located at the Martial Arts Fitness Center, 9949 Walker Street, Cypress.

Instructor: A. Jafari

Location: MA Center

Code	Days	Dates	Time	Fee/Weeks
11409	W/F	4/2-4/18	4:30-5:30 p.m.	\$40/3
11410	W/F	5/2-5/21	4:30-5:30 p.m.	\$40/3
11411	W/F	5/28-6/13	4:30-5:30 p.m.	\$40/3



Tennis

Age: 7 – 14

It's time to jump into action with our tennis classes for all ages! Instructor Patrick McConnell and his staff take time with each student to teach tennis skills such as: footwork, serving, ground strokes, and hitting; all while instilling good sportsmanship. Bring your own racket and \$15 supply fee to the first class. This supply fee covers the cost of balls and session awards to the top player in each class.

Level #1: Player is just beginning to play or has had minimal lessons. At this level you will learn the basics of tennis.

Level #2: Advanced beginning players should be able to hit the ball over the net with some success. At this level, players will begin to work on spins, placement and footwork.

Level #3: Intermediate players should be able to place their ground strokes and volleys. They are in the process of learning serves and match play.

Instructor: McConnell Sports Staff

Location: Tennis Courts

Code	Level	Age	Days	Dates	Time	Fee/Weeks
11412	1	7-14	W	4/2-5/21	4:00-5:00 p.m.	\$80/8
11413	1	7-14	W	5/28-6/18	4:00-5:00 p.m.	\$40/4
11414	2-3	7-14	W	4/2-5/21	5:00-6:30 p.m.	\$120/8
11415	2-3	7-14	W	5/28-6/18	5:00-6:30 p.m.	\$60/4

Anaheim ICE: Beginning Ice Skating

Age: 6 – 16

Have fun at Anaheim ICE! Beginning ice skating made fun and easy! Learn how to skate across the ice, glide on one foot, turn, stop and more. The fee includes skate rentals, lessons, free practice on day of class, and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the first class and dress warm.

This class located at Anaheim ICE, 300 W. Lincoln Ave, Anaheim (714) 518-3212

Instructor: Anaheim ICE Staff

Location: Anaheim ICE

Code	Days	Dates	Time	Fee/Weeks
11416	W	4/2-4/30*	5:00- 5:30 p.m.	\$39/4
11417	SAT	4/5-5/3*	10:45-11:15 a.m.	\$39/4
11418	W	5/7-6/4*	5:00- 5:30 p.m.	\$39/4
11419	SAT	5/10-6/7*	10:45-11:15 a.m.	\$39/4

*No Class on 4/19, 4/23, 5/24, 5/28

Freestyle Jump Rope

Ages: 7 – 14

This class is an introduction to the new and exciting sport of Jump Rope. Learn to jump rope—including instruction in Freestyle, Double Dutch, Chinese Wheel, Long Rope and many other exciting jump rope techniques. Come prepared with appropriate running/athletic shoes, snacks and water. Class is taught by the USA Jump Rope Region 8 Champions- The Jumping Coyotes and coach Rich Neder. A \$2 material fee is paid to the instructor at first class meeting.

Instructor: R. Neder

Location: Sago Palm

Code	Days	Dates	Time	Fee/Weeks
11420	W	4/2-4/23	6:30- 7:30 p.m.	\$35/4
11421	W	4/30-5/21	6:30- 7:30 p.m.	\$35/4

Teen Events

13th Annual Battle of the Bands

Saturday, May 3

5:00 p.m.



Bands are coming together for another historic Battle in Central Park! Be there to help determine who will win the grand prize for their performance which includes a gig at the 2014 La Palma Days! Light refreshments will be available for purchase. This event will be held at the Central Park Pavilion, 7821 Walker Street, La Palma

Does your band have what it takes to win the title of our 13th annual Battle of the Bands? To compete, applications and demo packets must be turned in no later than Friday, April 4 at 4:30 p.m. There will be an opportunity to perform at this year's La Palma Days

Skate Night

Friday, May 16, 2014

7:00 – 9:00 p.m.

Veterans Park, Cypress

Grab your board and come skate with your friend at the FREE Skate Night on Friday, May, 16th from 7:00 p.m.- 9:00 p.m. at Veterans Park, 4554 Avenida Granada, Cypress. Skateboarding demos will be provided by FURNACE!

Event sponsored by FURNACE

Aloha Dance

Saturday, June 7

7:00 – 10:00 p.m.

Good bye school and ALOHA summer! Join your friends and bring in summer with the last dance of the year at the La Palma Community Center! Tickets will be on sale for \$10 starting on June 2. You will need your school I.D. to purchase your tickets, along with entering the dance!





Activity Guide

Teens / Adults

Educational

Drivers Education

Age: 14 – 18

Driver's education is a California-required course for teens to receive a driver's license. It is the first step that must be taken so the teen can receive a driver's permit. The course includes parental involvement, and is fun, interactive, and educational. Coursework can be completed at any time of day or night. This course is offered online only. DMV-accepted completion certificates issued upon successful completion of the course. Class does not include behind-the-wheel driving.

Meet the Contractors: AllGoodDrivers.com was created by licensed driving instructors with thousands of hours teaching classroom driver education course, behind the wheel courses, and traffic violator courses. Our mission is to make all new drivers, good drivers, through a quality driver's education. We hope to see new drivers obtain their driver's licenses with simplicity, knowledge, and the confidence that it takes to be a safe driver on today's roadways.

Education is the key to safe and successful driving. We have spent years developing our courses, which now incorporate the highest quality materials and activities.

Our courses are developed with this in mind. Using course activities and interactive observation time, we involve the parents/guardians in the learning process well before the student ever gets behind the wheel.

Instructor: All Good Drivers

Location: Online Course

Code	Days	Dates	Fee/Weeks
11422	Internet	4/1-6/15	\$75

Music/Art



Lucky Ukulele

Age: 18+

Do you have a Ukulele? Come learn four different positions of chords including major and minor and dominant 7th. You will learn Hawaiian and county tunes, as well as other styles. Come and enjoy the fun with us! Our instructor has 40 years of professional experience.

Supplies Required: Ukulele and music stand. \$5 material fee is payable to the instructor at the first class.

Instructor: J. Keliioholokai

Location: Pygmy Palm

Code	Days	Dates	Time	Fee/Weeks
11423	W	4/2-4/23	7:30-9:00 p.m.	\$65/4
11424	W	5/7-5/28	7:30-9:00 p.m.	\$65/4
11425	W	6/4-6/25	7:30-9:00 p.m.	\$65/4

Photography 101

Age: 14+

Photography 101 is a fun way to make money with your camera! Learn how to take pictures you will love to show others, and how to get more out of your camera (take it off Auto)! Bring your camera to class and get ready to have some fun!

This class is co-sponsored with Buena Park Recreation. Tuesday class held at the Buena Park Community Center, 6688 Beach Blvd. Wednesday class held at Ehlers Recreation Center, 8150 Knott Ave.

Instructor: R. Hinckley

Location: Ehlers Rec. Center

Code	Days	Dates	Time	Fee/Weeks
11426	T	4/15-5/13	9:00-11:00 a.m.	\$48/5
11427	W	4/16-5/14	6:30-8:30 p.m.	\$48/5
11428	T	5/20-6/17	9:00-11:00 a.m.	\$48/5
11429	W	5/21-6/18	6:30-8:30 p.m.	\$48/5

Fitness

Aerobic Dancing

Age: 16+

Do you love to dance? If so, Jackie Sorensen's Aerobic Dancing is a fun fitness program for you! This original fitness program is designed to provide a heart pumping cardiovascular and muscular workout through choreographed dances. The program includes warm-up and cool-down dances, abdominal work, aerobic dances and the Vertiform concept. Vertiform (with optional hand-held and/or ankle weights) maximizes lower body strength and toning; it takes leg and thigh work up off the floor and combines it with upper body conditioning to burn more calories and fat. Participants should wear comfortable clothing; good jogging or cross-training shoes and bring a towel or mat.

The Monday, Wednesday and Saturday "Pay As You Go" class fee is \$6 per class. Note: Aerobic Dancing is a fitness sport which requires progressive instruction. We regret that we cannot accept new students after the first week of class.

Instructor: K. Phelps

Location: Royal Palm

Code	Days	Dates	Time	Fee/Weeks
11430	M/W	3/31-6/4*	5:45-6:45 p.m.	\$95/10
Pay as you go SAT		4/5-6/7*	8:30-9:45 a.m.	\$6/1 day
Pay as you go M/W		3/31-6/4*	5:45-6:45 p.m.	\$6/1 day

*No class on 5/24, 5/26

Zumba Dance

Age: 16+

Zumba is a Latin-inspired, dance-fitness class that incorporates Latin and International music and dance movements, which create a dynamic, exciting, and effective fitness system! This class format combines fast and slow rhythms. It's fun! It's different! It's easy! It's effective! Wear comfortable clothes and bring a water bottle.

Instructor: L. Li

Location: Royal Palm

Code	Days	Dates	Time	Fee/Weeks
11459	M/W	4/2-4/30	7:45-8:45 p.m.	\$35/5
11460	M/W	5/5-5/28	7:45-8:45 p.m.	\$30/4
11461	M/W	6/2-6/30	7:45-8:45 p.m.	\$35/5



Tae Chi Chuan-24 Forms Yang Style

Age: 18+

Tai Chi is one of the most popular forms of exercise practiced all over the world. It is a soft and smooth form also known as "a moving meditation." Tai Chi is safe, easy to learn, sweat-free and improves your physical condition, muscle strength, coordination, flexibility and balance. Wear comfortable clothes.

Instructor: O. Rosenthal				Location: Sago Palm
Code	Days	Dates	Time	Fee/Weeks
11462	M/W	4/2-4/30	9:00-10:00 a.m.	\$40/5
11463	M/W	5/5-6/2	9:00-10:00 a.m.	\$40/5

Tae Kwon-Do

Age: 15+

Training martial art classes is essentially a process of change. Weight loss and physical energy are difficult to quantify, but virtually everyone who participates in this program over a period of time reports a positive effect on outlook and energy level. Classes are designed to develop endurance, flexibility and balance along with self-defense techniques. Martial arts uniform is required and will be available at the first class meeting.

This class located at the Martial Arts Fitness Center, 9949 Walker Street, Cypress.

Instructor: A. Jafari				Location: MA Center
Code	Days	Dates	Time	Fee/Weeks
11464	W/F	4/2-4/18	6:30-7:30 p.m.	\$40/3
11465	W/F	5/2-5/21	6:30-7:30 p.m.	\$40/3
11466	W/F	5/28-6/13	6:30-7:30 p.m.	\$40/3

Adult Karate

Age: 15+

Regular karate practice creates mental clarity and calmness, increases body awareness, relaxes the mind, centers attention and sharpens concentration. Our approach to traditional karate training allows students to achieve physical fitness, balance, health and overall well-being.

Martial arts uniform is required and will be available at the first class meeting.

This class located at the Martial Arts Fitness Center, 9949 Walker Street, Cypress.

Instructor: A. Jafari				Location: MA Center
Code	Days	Dates	Time	Fee/Weeks
11467	T/TH	4/1-4/17	5:30-6:30 p.m.	\$40/3
11468	T/TH	5/1-5/20	5:30-6:30 p.m.	\$40/3
11469	T/TH	5/27-6/12	5:30-6:30 p.m.	\$40/3



Women's Self Defense

Age: 14+

This class will be tailored towards how an average woman can effectively deal with real world dangers without having to devote years of her life to the study of Martial Arts. This class will introduce basic self-defense techniques, which can be applied regardless of the person's size or physical condition. You will learn defensive tactics along with hands-on practice. Please wear loose & comfortable clothing for this class.

This class located at the Martial Arts Fitness Center, 9949 Walker Street, Cypress.

Instructor: A. Jafari				Location: MA Center
Code	Days	Dates	Time	Fee/Weeks
11470	F	4/4-4/18	5:30-6:30 p.m.	\$45/3
11471	F	5/2-5/16	5:30-6:30 p.m.	\$45/3
11472	F	5/30-6/13	5:30-6:30 p.m.	\$45/3

Ice Skating for Adults

Age: 17+

Beginning ice skating made fun and easy at Anaheim Ice! Learn how to skate across the ice, glide on one foot, stop, turn and more. Fee includes skate rental, lessons, free practice on the day of class and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early for the first class and dress warm.

This class is located at Anaheim ICE, 300 W. Lincoln Ave, Anaheim (714) 518-3212.

Instructor: Anaheim ICE Staff				Location: Anaheim ICE
Code	Days	Dates	Time	Fee/Weeks
11473	W	4/2-4/30*	7:00-7:30 p.m.	\$39/4
11474	W	5/7-6/4*	7:00-7:30 p.m.	\$39/4

*No Class on 4/23, 5/28

Power Tae Aerobics

Age: 13+

Power Tae Aerobics, created by Grand Master J.G. Park (Olympic Tae Kwon Do coach), is a workout to lose weight fast and tone your muscles. This class combines Taekwondo, aerobics, boxing and cardio-weight movements done to high energy up beat music. Add this fun class to your weekly routine to see the results you've been looking for. If you like Tae Bo, you'll love this class!

Lessons will be held at the US Tae Kwon Do Academy, 12233 Centralia, Lakewood 90715.

Instructor: Master Markopulos				Location: Tae Kwon Do Center
Code	Days	Dates	Time	Fee/Weeks
11475	T/TH	4/1-4/29	7:00-8:00 p.m.	\$55/4
			8:00-9:00 p.m. (Th)	
11476	T/TH	5/1-5/29	7:00-8:00 p.m.	\$55/4
			8:00-9:00 p.m. (Th)	
11477	T/TH	6/3-6/26	7:00-8:00 p.m.	\$55/4
			8:00-9:00 p.m. (Th)	



Activity Guide

Teens / Adults

Power Barre

Age: 13+

Power Barre is a smooth flowing workout that will tone your entire body along with improving balance and flexibility. Nonstop movements are performed at two tempos; the faster intervals burn fat, the same motions at a slower pace builds lean muscle. The method influenced by classical dance (though it is not a dance class), but it will give you a dancers body. A bar is used to achieve optimum positioning, 1 or 2 pound weights for the arms, along with an 8 inch soft abs ball which will give your abs the shape you desire. Master Cynthia has helped countless women reshape their bodies. If you like The Barre Method or Cardio Barre you will love this class.

Lessons will be held at the US Tae Kwon Do Academy, 12233 Centralia, Lakewood 90715.

Instructor: Master Markopulos Location: Tae Kwon Do Center

Code	Days	Dates	Time	Fee/Weeks
11480	M/TH	4/3-4/28	7:00-7:45 p.m.	\$55/4
11478	M/TH	5/1-5/29	7:00-7:45 p.m.	\$55/4
11479	M/TH	6/2-6/30	7:00-7:45 p.m.	\$55/4

Abs, Thighs and Buns

Age: 16+

No cardio, just an invigorating warm up, an hour of intense work on the Abs, Thighs, and Buns, followed by a relaxing cool down. Different paces are suggested throughout the class so you can work at the level in which you're comfortable and increase intensity when you choose. Wear comfortable clothes, bring a water bottle and mat. This class is co-sponsored with Buena Park.

Tuesday class held at Ehlers Recreation Center, 8150 Knott Ave.

Thursday class held at the Buena Park Community Center, 6688 Beach Blvd.

Instructor: High Fidelity Entertainment Location: Buena Park, CC

Code	Days	Dates	Time	Fee/Weeks
11483	T	4/29-6/17	6:00-7:00 p.m.	\$42/8
11482	TH	5/1-6/19	6:00-7:00 p.m.	\$42/8
11481	T/TH	4/29-6/19	6:00-7:00 p.m.	\$62/8



Adults

Education

Dog Obedience

Age: 18+

This class is based on the American Kennel Club Companion Dog Skills- sit, down, come, stay and walking on a loose leash. Your dog can become a well-behaved companion at home and in the community. Dogs must be 5 months or older, must have Distemper, Parvo vaccinations, and meet Rabies requirements. At the first day of class please bring proof of vaccinations and no dogs!

Code	Days	Dates	Time	Fee/Weeks
11484	M	4/21-6/23*	7:00-8:00 p.m.	\$75/9
*No Class 5/26				

Location: Central Park

Dance

Line Dance

Age: 18+

Yee-Haw!!!! Slip on your cowboy boots and rustle up your friends! Students will learn a variety of line dances, have an opportunity to meet new people as no partner is necessary, and get a great work-out.

This dance class is co-sponsored with Cypress Recreation and will be held at the Cypress Senior Center, 9031 Grindlay Street.

Code	Days	Dates	Time	Fee/Weeks
11485	M	4/7-5/19*	6:30-7:30 p.m.	\$32/6
*No Class on 4/28				

Location: Cypress CC

Two Step & Swing

Age: 18+

Get your feet moving! Learn two-step patterns and East Coast Swing from instructor Janet Karter. Take this class with friends, family or by yourself as no partner is necessary. This class is co-sponsored with Cypress Recreation and will be held at the Cypress Senior Center, 9031 Grindlay Street.

Code	Days	Dates	Time	Fee/Weeks
11486	M	4/7-5/19*	7:30-8:30 p.m.	\$32/6
*No Class on 4/28				

Location: Cypress CC

Strictly Ballroom Dance

Age: 18+

Learn to dance for all occasions including weddings in this exciting class. Instructor Janet Karter will instruct students in two dances of their choice: cha-cha, waltz, swing, tango, salsa or foxtrot. Singles are welcome in this popular class.

This class is co-sponsored with Cypress Recreation and will be held at the Cypress Senior Center, 9031 Grindlay Street.

Code	Days	Dates	Time	Fee/Weeks
11487	M	4/7-5/19*	8:30-9:30 p.m.	\$32/6
*No Class on 4/28				

Location: Cypress CC



Older Adults

Dance

Country Line Dancing

Age: 55+

Join this beginner's class to learn the art of country line dancing. Volunteer instructors will guide through the intricate yet simple steps to many dances. This is a free class. This class is co-sponsored with Cypress Recreation and will be held at the Cypress Senior Center, 9031 Grindlay Street.

Instructor: TBA

Place: Cypress SC

Days	Dates	Time	Fee/Weeks
T	Weekly	12:00-2:00 p.m.	Free/Weekly

Marsha Roe's Line Dance Class

Age: 55+

This is a fun and energetic class for intermediate line dancers. Improve your skills while learning new dances. Instructor Marsha Roe provides you with instruction and a great time.

This class is co-sponsored with Cypress Recreation and will be held at the Cypress Senior Center, 9031 Grindlay Street.

Instructor: Roe

Place: Cypress SC

Days	Dates	Time	Fee/Weeks
M	Weekly	1:00-3:00 p.m.	\$3/Weekly

Fitness

Zumba Gold

Age: 50+

Zumba Gold is the most effective and fit class for Active Adults! It's a cardio based fitness class with slower and easy to follow patterns. Zumba is indeed great for mind, body and soul. Wear comfortable clothes and bring a water bottle.

Instructor: L. Li

Location: Royal Palm

Code	Days	Dates	Time	Fee/Weeks
11488	F	4/4-5/9	9:00-10:00 a.m.	\$30/6
11489	F	5/16-6/27	9:00-10:00 a.m.	\$35/7

Water Fitness

Age: 55+

Water Fitness is a shallow water workout that includes aerobic training to strengthen your heart and lungs; muscle conditioning to strengthen your muscles; and a stretch and relax phase to promote flexibility to reduce stress and tension. This class is taught by the Anaheim Family YMCA and will be held in the indoor, heated therapeutic pool at the La Palma Intercommunity Hospital. Special registration forms are available at the Community Services Office.

Spring Sessions: Held on Mondays and Wednesdays or Tuesdays and Thursdays. Class times are 9:00 am and 10:00 am. All classes are 50 minutes long.

Session #1	4/1-4/30
Session #2	5/1-5/29
Session #3	6/2-6/30

Music

Karaoke Night

April 18, May 16 and June 20

6:00-9:00 p.m.

La Palma Community Center

Enjoy a night out with your family, friends, and neighbors karaokeing! Show off your singing talent to dance to the music. Appetizers will be provided.

Older Adult Resources

Improving Access to Community and Social

2-1-1 is a free 3-digit telephone number that provides referrals for emergency services, such as food, shelter, child care, services for persons with disabilities, older adults and their caregivers, and alcohol and drug services. This is a much-needed and widely anticipated telephone number, which should streamline the point of access for persons in need of emergency services.

Information and Referral

If you or someone you know needs help, call Orange County Senior Information and Referral. This is a program designed to provide seniors access to the available agencies and human services programs that can assist them with their problems, legal information, nutrition programs, and much more. Information and Referral is there to help you and to follow up, if necessary, on any contact that might be made. Call the Orange County Senior Information and Referral Office at (714) 567-7500

Senior Transportation Referral

For La Palma seniors needing transportation, the La Palma Community Services Department provides guidance and referral assistance. There is a variety of options available depending on your needs. Our staff will help identify these options and the process required to access transportation. If necessary, we will work with you to fill our required forms, which can be a daunting task. If you would like referral assistance or have questions regarding transportation for seniors, please contact us at (714) 690-3350.

La Palma Meals on Wheels

La Palma's Meals on Wheels program was developed to serve nutritionally balanced meals to residents who are physically unable to prepare their own. There are still spaces available to receive meals if you live in La Palma. For more information about the program, please call (714) 690-3350.



Activity | Guide

All Ages

Educational

Practical Chess Instruction

Age: 8+

Expand your brain. Every Friday night we hold chess tournament games, officially rated by the US Chess Federation. For more information, see our website at www.lapalmachess.com. We also encourage all players to register for the class online at www.cityoflapalma.org/LPRecConnect. It's quick, easy, and it helps us get out games started on time.

Instructor: LP Chess

Location: Sago Palm

CHESS TOURNAMENTS

Code		Days	Dates	Time	Fee/Weeks
11490	All Three Tournaments	F	4/4-6/13	6:00-11:00 p.m.	\$40/11
11491	2014 LP Championship	F	4/4-5/16	6:00-11:00 p.m.	\$35/7
11492	Bonnie & Clyde Blazer	F	5/23-6/6	6:00-11:00 p.m.	\$20/3
11493	Nat'l Open Refusenik	F	6/13	6:00-11:00 p.m.	\$15/1



Fitness

Private Tennis Lessons

Age: 7+

Private tennis lessons are available from Tennis Instructor Patrick McConnell. All dates, times and prices will be arranged with the instructor. To schedule a private lesson, please call (562) 889-8053.

Traditional Martial Arts

Age: 6+

This program teaches a variety of traditional oriental martial arts including Taekwondo, Judo/Jujitsu, Hapkido, Aikido, Kendo and Kobudo (weapons). Classes emphasize modern training methods and personal growth. Students will improve their physical fitness, achieve mental alertness, reduce stress, and gain a positive attitude.

This program is divided into three course levels—Beginner for first-time students, Intermediate for students with previous experience, and Advanced for the highest level of training. Choose the beginner course or, if you have previous experience, discuss proper placement with the instructor before enrolling.

Students progress through various martial arts systems and more advanced students are permitted to compete in Taekwondo or Judo. Our instructors are certified by the Kukkiwon, World Taekwondo Federation, the U.S. Olympic Committee and the U.S. Judo Association and are experienced in both traditional martial arts and sports training systems.

Students and instructors are expected to have their own authorized uniform. New students order a Taekwondo uniform, complete with patches and a white belt form the instructor after enrolling for the first session for a low cost of \$40. Additional uniforms, training equipment, and annual USAT/USJA memberships are available at the classes and not during registration.

For the most dedicated students, a special weekly package is available at a special price. Training includes one of our Saturday classes (Beginner, Intermediated or Advanced) in addition to our weekday Introduction to Martial Arts classes on Tuesdays and Thursdays. Enrolling in this program allows the student to maximize his or her development in martial art training by receiving personalized, one-on-one instruction. Please feel free to discuss this special option with our instructor staff.

Instructor: L. Amsell

Location: Sago Palm

Code	Days	Dates	Time	Fee/Weeks
BEGINNER				
11501	SAT	4/5-4/26	9:00-10:00 a.m.	\$45/4
11502	SAT	5/3-5/31	9:00-10:00 a.m.	\$50/5
11510	SAT	6/7-6/28	9:00-10:00 a.m.	\$45/4
11506	SAT	4/5-6/28	9:00-10:00 a.m.	\$110/13
INTERMEDIATE				
11511	SAT	4/5-4/26	10:00-11:30 a.m.	\$45/4
11503	SAT	5/3-5/31	10:00-11:30 a.m.	\$50/4
11512	SAT	6/7-6/28	10:00-11:30 a.m.	\$45/5
11507	SAT	4/5-6/28	10:00-11:30 a.m.	\$110/13
ADVANCED				
11504	SAT	4/5-4/26	11:30-1:00 p.m.	\$45/4
11505	SAT	5/3-5/31	11:30-1:00 p.m.	\$50/5
11513	SAT	6/7-6/28	11:30-1:00 p.m.	\$45/4
11508	SAT	4/5-6/28	11:30-1:00 p.m.	\$110/13
WEEKLY MARTIAL ARTS				
11514	T/TH/S	4/1-4/30	5:00-6:00 p.m.	\$70/5
11515	T/TH/S	5/1-5/31	5:00-6:00 p.m.	\$70/4
11516	T/TH/S	6/7-6/28	5:00-6:00 p.m.	\$70/5
11509	T/TH/S	4/1-6/28	5:00-6:00 p.m.	\$170/13



Corporate Connection

The City of La Palma provides the opportunity to showcase your business at community events the City hosts throughout the year and in various publications that the City produces.

To learn more about becoming a Corporate Connection Sponsor please contact the Community Services Department 714-690-3359 or visit www.cityoflapalma.org



La Palma Intercommunity Hospital

We are a full service, general acute care hospital and have been a part of the community since 1972.

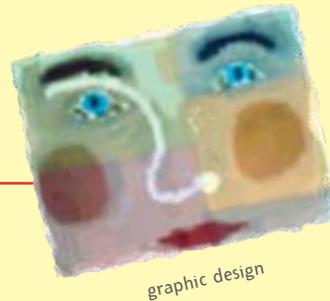
7901 WALKER STREET
LA PALMA, CA 90623
(714) 670-7400

- 24-Hour Emergency Services
- Behavioral Medicine
- Maternity Services
- Comprehensive Wound Care
- Cardiac Catheterization Laboratory



WWW.LAPALMAINTERCOMMUNITYHOSPITAL.COM

La Palma Tutoring



Liz Parker

714 315-2507
liz@lizparker.net

graphic design

Instructors wanted

Do you have a special skill or talent that you want to share with others? La Palma Community Services is continually looking for new instructors. Call us at (714) 690-3350.

1. The Palms at Central Park Community Center

King Palm Queen Palm Sago Palm Pygmy Date Palm

Meals On Wheels (714) 690-3350

7821 Walker Street, La Palma

(714) 690-3350

2. City Hall (714) 690-3300

City Manager (714) 690-3333

Public Works (714) 690-3310

Finance & Water (714) 690-3330

Building & Safety (714) 690-3340

7822 Walker Street, La Palma

3. Police (714) 690-3370

Emergency 911

Fire (714) 527-6722

7792 Walker Street, La Palma

4. La Palma Branch Library (714) 523-8585

7842 Walker Street, La Palma

5. US Tae Kwon Do Center

12233 Centralia, Lakewood

6. Arnold/Cypress Park

8611 Watson Street, Cypress

7. Cypress Senior Center

9031 Grindlay Street, Cypress

8. Cypress Community Center

5700 Orange Avenue, Cypress

9. Martial Arts Fitness Center

9949 Walker Street, Cypress

10. Anaheim ICE

300 W. Lincoln Avenue, Anaheim

11. Ehlers Community Center

8150 Knott Ave., Buena Park

12. Buena Park Community Center

6688 Beach Blvd., Buena Park

13. La Palma Intercommunity Hospital

7901 Walker St., La Palma



La Palma Recreation & Community Services



Creating Unity in Community

The La Palma Community Services Department makes a positive difference in our community by encouraging citizen involvement, fostering human development, and strengthening community through people, parks, and programs.

Your Recreation Staff

Director Mike Belknap
 Supervisor Cindy Robinson
 Coordinator jaNell Adams
 Specialists Tim Dodd, Andi Terry, Tamara York
 Senior Office Staff Jill Olivier & Lori Whalen

Recreation Leaders

Brandon Alfajora	Bryan Amezquita	Anthony Diaz
Elise Frontino	Megan Hana	Christine Juarez
Emily Kulassia	Chris McCombs	Sam Montemayor
Ryan Plunkett	Min Rattanchandani	Haley Sprague
Michael Vela	Daniel Zagal	

METHOD OF PAYMENT: We accept cash, checks (made payable to the City of La Palma), money orders, credit cards. If cash is your preferred payment choice, you may pay for your registration when the La Palma Community Services Administrative office is open Monday through Thursday, 7:30 a.m.–5:30 p.m. and on Fridays, 7:30 a.m.–4:30 p.m. All other payment options may be used during our Central Park extended hours Monday–Friday until 10 p.m. and on Weekends from 8:00 a.m.–8:00 p.m. Non-Residents will pay an additional \$5 fee per class for classes \$49 and under and \$10 for classes \$50 and over.

ALL RECREATION PROGRAMS ARE FILLED ON A FIRST-COME, FIRST-SERVED BASIS! We encourage advance registration for all our programs. No registrations can be taken at classes, since most instructors need to know their enrollment at least two or three days prior to their starting date.

REFUNDS: Requests for refunds will be honored by Community Services only if they are made at least one (1) day prior to the start of classes with one or two meetings. On classes that consist of three or more meetings, the request for a refund must be made before the second class meeting. No refunds will be given after the second class meeting. An \$11 processing charge will be deducted from all requested refunds. A full refund will be made only when a class or program is filled or cancelled by Community Services. **ABSOLUTELY NO REFUNDS CAN BE GIVEN FOR EXCURSIONS.**

Adult/Guardian LAST Name			Adult/Guardian FIRST Name			
Address		Apt	City	Zip Code		
Day Phone		Cell Phone		E-Mail (for Online Class Registration)		
Emergency Contact Name		Emergency Contact Number		Relationship to Participant		
Class Code #	Class Name	Participant Name	Birth Date	Age	Sex	Fee
Non-residents add an additional fee per class:			Class fee up to \$50 = \$5 Non-Res Fee			
			Class fee \$51 and over = \$10 Non-Res Fee			
TOTAL PAID						

PAYMENT METHOD (Checks payable to: City of La Palma)				Staff Initial _____	Receipt # _____
Circle One: Cash Check # _____ Credit Card Money Order					

WAIVER, RELEASE, HOLD HARMLESS AND AGREEMENT NOT TO SUE

I fully understand that participation by the person(s) registered in any City Community Services Program exposes him/her to the risk of personal Injury, death, or property damage. I hereby acknowledge that I am voluntarily having the person(s) registered, participate in the above program and agree to assume any such risks.

I hereby release, discharge and agree not to sue the City of La Palma for any injury, death or damage to or loss of personal property arising out of, or in connection with the participation in any City Community Services Program, by the person(s) registered, from whatever cause, including the active or passive negligence of the City of Palma or any other participants in any City Community Services Program.

The parties to this agreement understand that this document is not intended to release any party from any act or omission of "gross negligence," as that term is used in applicable case law and/or statutory provision.

In consideration for the City of La Palma's acceptance of this registration, I hereby agree to indemnify and hold harmless the City of La Palma, its officers, agents, or employees from any liability or claim or action for damages resulting from or in any way arising out of the participation in any City Community Services Program by the person(s) registered.

Furthermore, I give the City of La Palma, its officers, agents or employees permission to use any related picture, video or electronic images, sounds etc., in the City's promotional materials.

I HAVE CAREFULLY READ THIS RELEASE, HOLD HARMLESS AND AGREEMENT NOT TO SUE AS IT APPLIES TO MYSELF AND TO ANY MINORS FOR WHOM I AM SIGNING, AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT IT IS A FULL RELEASE OF ALL LIABILITY AND SIGN IT ON MY OWN FREE WILL.

X

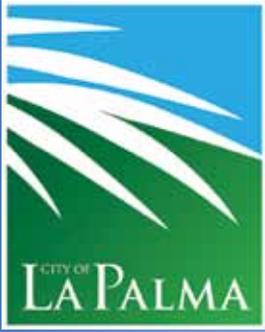
(Parent or guardian must sign for participants under 18 years of age.)

Print name

Date



Postal Customer La Palma, CA 90623

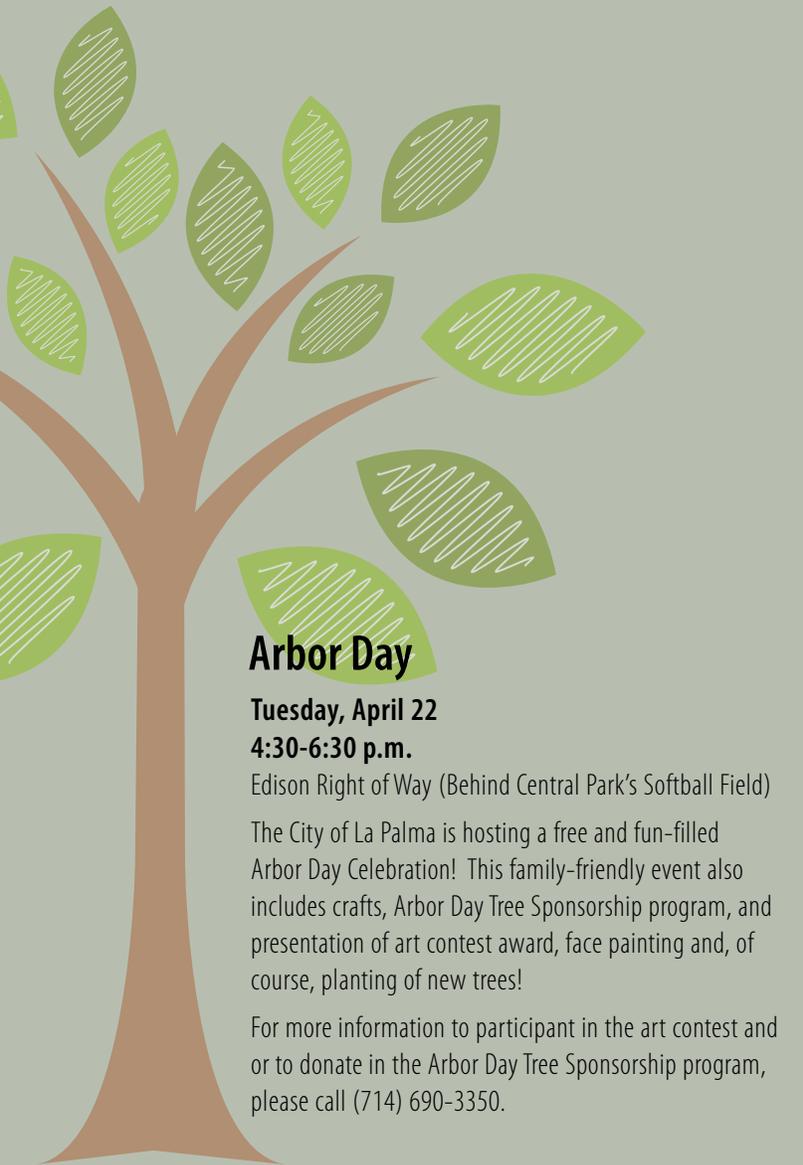


For up-to-date news . . .

Follow us on Twitter,
[@CityofLaPalma](https://twitter.com/CityofLaPalma)



Find us on Facebook, www.facebook.com/CityofLaPalma



Arbor Day

Tuesday, April 22
4:30-6:30 p.m.

Edison Right of Way (Behind Central Park's Softball Field)
The City of La Palma is hosting a free and fun-filled Arbor Day Celebration! This family-friendly event also includes crafts, Arbor Day Tree Sponsorship program, and presentation of art contest award, face painting and, of course, planting of new trees!

For more information to participant in the art contest and or to donate in the Arbor Day Tree Sponsorship program, please call (714) 690-3350.

Memorial Day ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

May 26, 2014
9:15 a.m. Musical Interlude
9:30 a.m. Ceremony at the Eternal Flame in front of City Hall

CALLING ALL VETERANS

Each year, the City of La Palma honors those who are willing to go to the ends of the earth to defend our freedoms and our rights, and especially those who have paid the ultimate price.

The Community Activities and Beautification Committee would like to recognize ALL veterans, from past wars to the current conflict, for their service and willingness to defend our American way of life. Please join us on **MONDAY, MAY 26** at 9:15 a.m. in front of City Hall so we can thank you for service.

Please call the La Palma Community Services Department at (714) 690-3350 to reserve your place now!

