



# CITY OF LA PALMA

# NEWS RELEASE

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For Immediate Release  
June 20, 2012

## A Healthy Way to Kick-Off Your Fourth of July Festivities

*LA PALMA, Calif.* – Bring your family, friends, and neighbors for La Palma's 32nd Annual Fitness Run for Fun on Wednesday, July 4, starting at 7:30 a.m., at La Palma's Central Park. This event features a competitive 5K and 10K Run, a 5K Walk, and the Yankee Doodle Dash for kids 12 and under. This is a great and healthy way for families to start the Independence Day celebration! Prior to June 23, you can register for the Run at the La Palma Recreation and Community Services Department, 7821 Walker Street. After June 23, registration is closed until 6:00 a.m. on the day of the event. Registration prices are as follows:

- \$35- Entry Fee (no shirts) for 5K Run/Walk and 10K Run
- \$10-Yankee Doodle Dash for kids 12 and under
- \$12- Commemorative T-shirts (can only be purchased at race, if available)
- \$ 4- Pancake Breakfast Tickets

After you have run or cheered your heart out as a participant or spectator, gather your family together and head over to the Family Fun Zone! Celebrate America's birthday and participate in family games, crafts, and activities! The Family Fun Zone is fun for all ages!

As a reminder, the following streets will be fully closed or partially disrupted on Wednesday, July 4 until approximately 9:30 a.m.:

- Moody Avenue, northbound (Crescent to Houston) starting at 5:00 a.m.
- Crescent Avenue, westbound (Moody to Walker) starting at 5:00 a.m.
- Walker Street (Crescent to Houston) starting at 6:30 a.m.
- Houston Avenue (Walker to Moody) starting at 7:00 a.m.
- Chartres Lane, Toulouse Drive and Orleans starting at 7:30 a.m.

For more information, please visit [www.cityoflapalma.org/RunForFun](http://www.cityoflapalma.org/RunForFun) or call (714) 690-3350.



***About the City of La Palma***

Ranked by Money Magazine in both 2007 and 2011 as one of America's Best Places to Live, the City of La Palma is a 1.9 square mile general law city in northwest Orange County, consisting of 15,568 residents and 482 commercial and industrial businesses. The City was incorporated in 1955 under the name of Dairyland and has 65 full-time and 35 part-time employees.

***Contact Information***

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