



CITY OF LA PALMA

NEWS RELEASE

7822 Walker Street • La Palma • California • 90623 • (714) 690-3300 • www.cityoflapalma.org

For Immediate Release
June 5, 2012

Register Now for the La Palma Fitness Run for Fun

LA PALMA, Calif. – The 32nd La Palma Fitness Run for Fun will be held on Wednesday, July 4, 2012, starting at 7:30 a.m. near La Palma's Central Park, 7821 Walker Street. This event features a competitive 5K Run, 10K Run, and a competitive 5K Walk – one of the few in Southern California. Parents can also introduce their children to the joy of running in the non-competitive Yankee Doodle Dash for participants' ages 2 to 12 years old. Yankee Doodle Dash runners will receive an official race bib and a participation medal.

Participants are encouraged to register online prior to June 21, to receive discounted pricing and commemorative t-shirts. Walk-in or mail registration is also available through June 23, at La Palma's Central Park office. Thereafter, participants must register on race day starting at 6:00 a.m.

For more information, including pricing and registration, please visit: www.cityoflapalma.org/RunForFun or call (714) 690-3350.



About the City of La Palma

Ranked by Money Magazine in both 2007 and 2011 as one of America's Best Places to Live, the City of La Palma is a 1.9 square mile general law city in northwest Orange County, consisting of 15,568 residents and 482 commercial and industrial businesses. The City was incorporated in 1955 under the name of Dairyland and has 65 full-time and 35 part-time employees.

Contact Information

Cindy Robinson
Community Services Supervisor
City of La Palma
7821 Walker Street
La Palma, CA 90623
Tel: (714) 690-3358
Fax: (714) 522-2967
Email: cindyr@cityoflapalma.org

- # # # -